



KNIT  
SKILL LEVEL  
INTERMEDIATE

Designed by Lorna Miser



## What you will need:

RED HEART® Heads Up™: 2 balls  
872 Royale

Susan Bates® Circular Knitting  
Needles: 6.0mm [US 10] 24" [61  
cm] long

Stitch marker, Cable needle, Yarn  
needle

**GAUGE:** 15 sts = 4" [10 cm]; 20  
rows = 4" [10 cm] in Stockinette  
st. **CHECK YOUR GAUGE.** Use any  
size needle to obtain the gauge.



RED HEART® Heads  
Up™, Art. E821  
available in 3.5 oz  
(100 g), 187 yd (172  
m) balls

# Once Around Cowl

*This comfy cowl features wonderful cables  
and rib stitch edges. Choose any of the many  
on-trend shades of this bulky yarn for a cowl  
you'll depend on for super warmth.*

## Cowl measurements

9" high x 25" circumference [23 cm x 64 cm]

## SPECIAL STITCHES

**6-st LC = 3 over 3 Left Cross** = Slip next 3  
sts to cable needle and hold to front, k3, k3  
from cable needle.

**6-st RC = 3 over 3 Right Cross** = Slip next  
3 sts to cable needle and hold to back, k3, k3  
from cable needle.

## STITCH PATTERNS

### Sand Cable Stitch Pattern

**Rounds 1-4:** Knit.

**Round 5:** \*6-st RC, k6; repeat from \* to end.

**Rounds 6-9:** Knit.

**Round 10:** \*K6, 6-st LC; repeat from \* to end.  
Repeat Rounds 1-10 for Sand Cable Stitch  
pattern.

### 2x2 Rib Stitch Pattern

**Round 1:** \*Knit 2 sts, purl 2 sts, repeat to end  
of Round.

**Round 2:** Knit the knit sts, purl the purl sts to  
end of Round.

**Next Rounds:** Repeat Rounds 1-2 for 2x2 Rib  
Stitch pattern.

## COWL

Cast on 96 sts. Join, being careful not to twist  
sts, place marker for beginning of Round.

**Rounds 1-4:** Work in 2x2 Rib Stitch pattern as  
follows: \*K2, p2; repeat from \* around.

**Round 5:** Begin Sand Cable Stitch pattern  
working Rounds 1-10 in pattern until cowl  
measures 8" [20 cm] from cast on edge.  
Repeat Rounds 1-4.

**Next Round:** Bind off all sts loosely. Fasten off.

## FINISHING

Weave in ends. Lightly block into shape.

## ABBREVIATIONS

K = knit; cm = centimeters; mm =  
millimeters; P = purl; **st(s)** = stitch(es); \* =  
repeat whatever follows the \* as indicated.

SHOP KIT