



MATERIALS

Coats & Clark® Dual Duty XP® All-purpose Thread

Coats & Clark® Cotton Machine Quilting Thread

- 1 roll of 2½" (6.35cm) x WOF strips* (40 pieces)
- 1¼ yds (114.30cm) backing fabric
- 1¼ yds (114.30cm) very lightweight non-woven interfacing
- 45" (114.30cm), ⅓ yd (30.48cm) binding fabric
- 45" x 45" (114.30cm x 114.30cm) batting
- ¼" (.64cm) foot (optional)

*Featured fabrics are from the FreeSpirit Kaffe Fasset Collective-Classics, Island colorway.



QUILTING, FOUNDATION PIECING | SKILL LEVEL: **EASY**

Featuring Coats & Clark® Cotton Machine Quilting Thread and Dual Duty XP® Thread

Strip piecing makes an easy beginner quilt, but look closely. The juxtaposed strip setting creates a subtle heart pattern. Do you see it?

MEASUREMENTS

37½" x 37½" (95.25cm x 95.25cm)

CUTTING

From the interfacing, cut:

(25) squares, 8" (20.32cm)

From the binding fabric, cut:

(4) strips, 2 ¼" x WOF (5.72cm x WOF)

Seam allowances are ¼" (.64cm).

ASSEMBLE THE QUILT TOP

Note: *Strips may be placed with the raw edges corner to corner exactly, or the strip can be centered on the corners. Either way works, and you can mix the two methods in the quilt for variety.*

1. With right side up, lay one fabric strip diagonally corner to corner on an interfacing square and pin in place. Place

a second strip face down, matching raw edges. Thread machine with Dual Duty All-purpose thread. Sew along one edge. Flip the second strip right side up and finger-press the seam. Place a third strip face down on the second strip and sew the edges together. Flip open and finger-press.

2. Continue stitching and flipping strips in place to cover the entire square. Press the block. Trim the excess strip length even with the interfacing square.
3. Repeat steps 1 and 2 to make a total of 25 squares.
4. Lay out five rows of five squares each, noting the angle in the quilt photo. Option: Change up the setting to produce entirely different looks with the same blocks.



5. Number the rows for easier assembly. Sew the blocks together in each row, noting that the strip seams will not match. Press seams in alternate directions for adjacent rows.
6. Matching adjacent block seams, sew the rows together in numerical order. Press the seams in one direction.

FINISHING

1. Layer the back, batting and quilt top wrong sides together.
2. Quilt as desired using Coats & Clark Machine Quilting thread. Trim the batting and backing to match the quilt top.
3. Sew the binding strips together with diagonal seams. Press the seam open, then press the binding strip in half wrong sides together.
4. Bind the quilt, mitering the corners.

