



MATERIALS

Bernat® Super Value™ (7 oz/197 g; 426 yds /389 m)

Sizes	S	M	L	
Main Color (MC) Grey Ragg (53043)	1	1	1	ball
Contrast A Natural (07414)	1	1	1	ball
Contrast B Berry (00607)	1	1	1	ball

Set of 4 size U.S. 7 (4.5 mm) double-pointed knitting needles **or size needed to obtain gauge.** Stitch marker.

ABBREVIATIONS:

Beg = Begin(ning)
Cont = Continue(ity)
K = Knit
K2tog = Knit next 2 stitches together
P = Purl
P2tog = Purl next 2 stitches together
Rem = Remain(ing)
Rep = Repeat
Rnd(s) = Round(s)

RS = Right Side
SI1P = Slip next stitch purlwise
Ssk = Slip next 2 stitches knitwise one at a time. Pass them back onto left-hand needle, then knit through back loops together
St(s) = Stitch(es)
Tog = Together
WS = Wrong side

 KNIT | SKILL LEVEL: INTERMEDIATE

SIZES

To fit Woman's shoe size **5/6 (7/8-9/10)**.

Finished Foot length

Small 9" [23 cm]
Medium 9½" [24 cm]
Large 10½" [26.5 cm]

GAUGE

19 sts and 25 rows = 4" [10 cm] in stocking stitch.

INSTRUCTIONS

The instructions are written for smallest size. If changes are necessary for larger size(s) the instructions will be written thus (). Numbers for each size are shown

in the same color throughout the pattern. When only one number is given in black, it applies to all sizes.

With A, cast on 40 sts loosely. Divide sts onto 3 needles (13, 14, 13) and join in rnd, placing marker at first st.
1st rnd: *K2. P2. Rep from * around. Rep last rnd (K2. P2) ribbing 4 times more. **Do not** break A.
 With B, knit 1 rnd.
 With B, work 2 rnds (K2. P2) ribbing. Break B.
 With A, knit 1 rnd.
 With A, work 9 rnds (K2. P2) ribbing. Break A.
 With MC, knit 1 rnd.
 With MC, cont in (K2. P2) ribbing until work from beg measures 11" [28 cm].

Make heel: Arrange sts as follows: Slip 3 sts from end of 1st needle onto beg of 2nd needle, 3 sts from beg of 3rd needle onto end of 2nd needle. 40 sts are now divided as: 10 sts on 1st needle, 20 sts on 2nd needle, and 10 sts on 3rd needle. Divide 20 sts on 2nd needle onto 2 needles and leave for Instep. Knit 10 sts off 1st needle onto end of 3rd needle. 20 sts for Heel. Break MC.

With A, work back and forth with 2 needles in rows across 20 Heel sts as follows:

1st row: (WS). Sl1P. Purl to end of row.

2nd row: *Sl1P. K1. Rep from * to end of row.

Rep last 2 rows **9 (10-11)** times more, then 1st row once.

Shape heel: 1st row: (RS). K11. ssk. K1. **Turn.**

2nd row: Sl1P. P3. P2tog. P1. **Turn.**

3rd row: Sl1P. K4. ssk. K1. **Turn.**

4th row: Sl1P. P5. P2tog. P1. **Turn.**

5th row: Sl1P. K6. ssk. K1. **Turn.**

6th row: Sl1P. P7. P2tog. P1. **Turn.**

7th row: Sl1P. K8. ssk. K1. **Turn.**

8th row: Sl1P. P9. P2tog. P1. **Turn.**

9th row: Sl1P. Knit to end of row. 12 sts. Break A.

Shape instep: With MC, RS facing and 1st needle, pick up and knit **10 (11-12)** sts along left side of heel. With 2nd needle, K20 across Instep. With 3rd needle, pick up and knit **10 (11-12)** sts along other side of Heel. K6 from Heel onto 3rd needle. Slip rem 6 sts from Heel onto beg of 1st needle. **52 (54-56)** sts are now divided as follows: **16 (17-18)** sts on 1st needle, 20 sts on 2nd needle and **16 (17-18)** sts on 3rd needle.

Instep Decreases: 1st rnd: 1st needle: Knit to last 3 sts. K2tog. K1. **2nd needle:** Knit. **3rd needle:** K1. ssk. Knit to end of needle.

2nd rnd: Knit. Rep these 2 rnds to 40 sts divided as: 10 sts on 1st needle, 20 sts on 2nd needle and 10 sts on 3rd needle.

Knit in rnds until work from picked-up row measures **6 (6½-7½)" [15 (16.5-19) cm]**. Break MC.

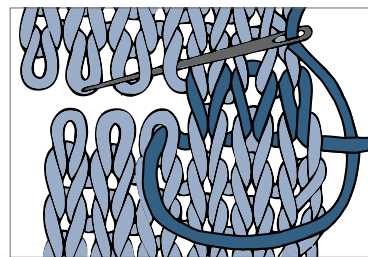
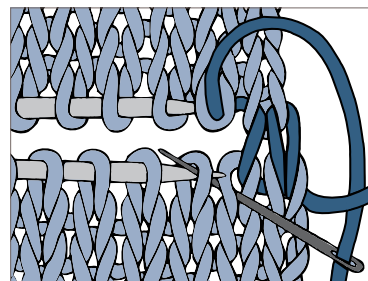
Change to A and proceed as follows:

Shape toe: 1st rnd: 1st needle: Knit to last 3 sts. K2tog. K1. **2nd needle:** K1. ssk. Knit to last 3 sts. K2tog. K1. **3rd needle:** K1. ssk. Knit to end of needle.

2nd rnd: Knit.

Rep last 2 rnds to 16 sts.

Knit sts of 1st needle onto end of 3rd needle. Break yarn, leaving long end. Graft 2 sets of 8 sts tog (see diagram).



Grafting