What you will need:

**RED HEART® Loop-It™**: 1 ball 730 In the Pink

Gauge is not necessary for this project

---

**Simple One-Ball Cowl**

Grab a ball of Loop-It yarn and get looping with this cowl! You don’t need to know how to knit or crochet, just pull the loops through and you’ll have a cool cowl in no time.

**NOTES**

Finger looping fun ™ - No tools required

Begin work on a flat surface. Stitches are worked by pulling loops of yarn through a row of previous loops. Right side will be facing throughout. To join balls of yarn, overlap three loops from the end of first ball with three loops from the beginning of second ball and work overlapping loops as one.

**SCARF**

To create base row, start with a length of 11 loops.

**Row 1 (Right Side):** With yarn in back, and working from left to right, pull loops of working yarn through the loops of base row loops working from back to front – knit row formed. Do Not Turn Work.

**Row 2:** Working from right to left, pull loops from working yarn through loops of previous row from back to front – knit row. Do Not Turn Work.

**Row 3:** Working from left to right, pull loops from working yarn through loops of previous row from back to front – knit row. Do Not Turn Work.

**Row 4:** Working from right to left, pull loops from working yarn through loops of previous row from back to front – knit row. Do Not Turn Work.

**Row 5:** With yarn in front, and working from left to right, pull loops from working yarn through loops of previous row from front to back – purl row formed. Do Not Turn Work.

**Row 6:** Working from right to left, pull loops from working yarn through loops of previous row from front to back – purl row. Do Not Turn Work.

**Row 7:** Working from left to right, pull loops from working yarn through loops of previous row from front to back – purl row. Do Not Turn Work.

**Row 8:** Working from right to left, pull loops from working yarn through loops of previous row from front to back – purl row. Do Not Turn Work.

**Rows 9-12:** Repeat Rows 3-4 (four knit rows made).

**Rows 13-16:** Repeat Rows 5-6 (four purl rows made).

**Rows 17-20:** Repeat Rows 3-4 (four knit rows made).

**Rows 21-25:** Repeat Rows 5-6 (four purl rows made).

**Rows 26-29:** Repeat Rows 3-4 (four knit rows made).

**Rows 30-33:** Repeat Rows 5-6 (four purl rows made).

**Bind off**

Fold work in half, pull loops from last row through the first row of work. Working across, pull first two loops of working yarn through first 2 loops of previous row, pull the second loop just worked through the first loop, pull a third loop of working yarn through next stitch, pull that loop through the previous loop. Continue in this manner across the row until all stitches have been secured. Pull end through last loop. Cowl is now formed.

**FINISHING**

Weave in ends. (You can tack ends down with sewing thread to help camouflage them in the back of the work).