



CROCHET  
SKILL LEVEL  
INTERMEDIATE

Designed by Edie Eckman

## What you will need:

**RED HEART® Hygge™ or Hygge™ 8oz.:** 1 ball 8406 Pearl

**Susan Bates® Crochet Hook:** 6.5 mm [US K-10½]

Susan Bates® split lock stitch markers

Yarn needle

**GAUGE:** 9 dc = 4" (10 cm); 6 dc rows = 4" (10 cm). **CHECK YOUR GAUGE. Use any size hook to obtain the gauge.**



**RED HEART® Hygge™**, Art E869 available in 5 oz (141 g), 132 yd (121 m) balls  
**Or**



**RED HEART® Hygge™ 8oz.**, Art E881 available in 8 oz (227 g), 212 yd (194 m) balls



# Polar Bear Crochet Balaclava Hood

This yarn is soft and comfortable and fun to crochet! A warm and cozy hat style, it's more likely to stay on heads when it is cold. We like it so much we've included sizes for baby, toddler and kids too.

Directions are for baby size; changes for toddler and child sizes are in parentheses.

**Balaclava measures 17¾ (19½, 20½)" (45 (49.5, 52) cm) in circumference around head.**

## NOTE

Piece is crocheted in joined rounds, turning at the end of every round as written.

## SPECIAL STITCHES

### Dc2tog (Double crochet 2 together)

= [Yo, pull up a loop in next st, yo and draw through 2 loops] twice, yo and draw through all 3 loops on hook.

### Sc2tog (single crochet 2 together) =

Pull up a loop in each of next 2 sts, yo and draw through all 3 loops on hook.

### Standing dc (standing double crochet)

= With new yarn, place slip knot on hook and dc in indicated st, as opposed to the traditional joining of new yarn using a slip st.

### Standing sc (standing single crochet) =

With new yarn, place slip knot on hook and sc in indicated st, as opposed to the traditional joining of new yarn using a slip st.

## BALACLAVA

Ch 4, and join with slip st in first ch to form a ring.

**Round 1 (right side):** Ch 3 (counts as 1 dc here and throughout), 11 dc in ring, join with slip st in 3rd of beginning ch-3, turn - 12 dc.

**Round 2:** Ch 3, dc in same st as joining slip st, 2 dc in each st around, join with slip st in 3rd of beginning ch-3, turn - 24 dc.



**Round 3:** Ch 3, dc in same st as joining slip st, dc in next st, \* 2 dc in next st, dc in next st; repeat from \* around, join with slip st in 3rd of beginning ch-3, turn - 36 dc.

Place 4 (8, 10) markers evenly spaced around last round.

**Round 4:** Ch 3, \* dc in each dc to marked dc, 2 dc in marked dc, remove marker; repeat from \* 3 (7, 9) more times, dc in each remaining dc to end, join with slip st in 3rd of beginning ch-3, turn - 40 (44, 46) dc.

**Next 2 (3, 3) rounds:** Ch 3, dc in each dc around, join with slip st in 3rd of beginning ch-3, turn. Fasten off.

continued...

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## Face Opening

With wrong side (right side, right side) facing, skip 25 (27, 28) dc, and join yarn with standing dc in next dc.

**Row 1:** Dc in each of next 29 (33, 35) sts, turn, leaving remaining sts unworked – 30 (34, 36) dc.

**Row 2:** Ch 1 loosely (does not count as a st), dc in first st, dc2tog, dc in each st to last 3 sts, dc2tog, dc in last st, turn – 28 (32, 34) dc.

**Row 3:** Ch 1 loosely, dc in first st and in each st to end, turn.

Repeat the last row 2 (2, 3) times.

**Next row (right side, wrong side, right side):** Ch 3 (counts as dc), dc in first dc, dc in each dc to last dc, 2 dc in last dc, ch 10, join with slip st to 3rd of beginning ch-3 forming a round – 30 (34, 36) dc and 10 ch.  
Fasten off.

## Rejoin for Neck

With wrong side (right side, wrong side) facing, join yarn with standing dc in center back of piece.

**Round 1:** Dc in each dc and ch st around, join with slip st in first standing dc, turn – 40 (44, 46) dc.

**Round 2:** Ch 3, dc in each dc around, join with slip st in 3rd of beginning ch-3, turn.

Repeat the last round 1 (1, 2) more times.

**Last Round:** Ch 1, sc in each st around, join with slip st in first sc.  
Fasten off.

## EARS (Make 2)

Leaving a long tail for sewing, ch 9.

**Row 1:** Sc in 2nd ch from hook and in each ch to end – 8 sc.

**Rows 2 and 3:** Ch 1, sc in each sc to end, turn.

**Row 4:** Ch 1, sc in each of first 2 sts, sc2tog twice, sc in each of next 2 sts, turn – 6 sc.

**Row 5:** Ch 1, sc in each sc to end, turn.

**Row 6:** Ch 1, sc2tog, sc in each of next 2 sts, sc2tog – 4 sc.

**Row 7:** Sc2tog twice – 2 sts.

Fasten off.

## FINISHING

### Face Opening Edging

**Round 1 (right side):** Join yarn with standing sc in corner of face opening, sc evenly around, join with slip st in first sc.  
Fasten off.

Use long yarn tails to sew ears onto top of hood, using photo as a reference.

Weave in all loose ends.

### ABBREVIATIONS

**ch** = chain; **dc** = double crochet; **sc** = single crochet; **st(s)** = stitch(es); **yo** = yarn over; **[ ]** = work directions in brackets the number of times specified; **\* or \*\*** = repeat whatever follows the \* or \*\* as indicated.

