



shell rummel®

Featuring Quiet Moments by
Shell Rummel for Coats®,
Coats Dual Duty XP

Fabrics from Quiet Moments by Shell Rummel beautifully blend to create this sophisticated pillow. Save cutting time by using a design roll—no strips to cut and the fabrics already coordinate.

Collection:	Quiet Moments by Shell Rummel for Coats®, Coats Dual Duty XP*
Technique:	Sewing
Skill Level:	Beginner
Crafting Time:	Weekend*
Finished Size:	18" (45.72cm) square

**Crafting time based on Beginner skill level*

*Project designed by
Linda Turner Griepentrog*

Supplies

- 23 strips, 2½" x 20" (6.35cm x 50.80cm)*
- ¾ yd (57.15cm) backing fabric
- Coats Dual Duty XP® All-purpose thread
- 18" (45.72cm) square pillow form

**A design roll from a collection may be used.*

Cutting

From the background fabric, cut:

- (1) square, 18½" (46.99cm) for pillow front
- (2) rectangles, 12½" x 18½" (31.75cm x 46.99cm) for pillow back

Preparing the Strips and Pillow Front

Press 21 strips in half lengthwise to form 1¼" (3.18cm)-wide folded strips. Arrange them in a pleasing order on your work surface.

Mark a line 1¼" (3.18cm) from the lower edge of the pillow front, then mark parallel lines ¾" (1.91cm) apart across the pillow front.

Seam allowances are ¼" (.64cm).

Assembling the Pillow Front

1. Using one unfolded strip, place the cut edge along the line that's 1¼" (3.18cm) from the pillow front lower edge, right sides together. The bulk of the strip should face the pillow body, not the lower edge. Stitch along the seamline, flip the strip down and press. Baste along the lower edge and trim to match the pillow edge.
2. With strips in the preferred order, align the raw edges with the next line up the pillow front. Zigzag the edges in place using a medium width and length setting. The fold goes toward the lower pillow edge.
3. Repeat Step 2 to cover the entire pillow front with strips, stopping at the top line.
4. To finish the upper edge, place the remaining unpressed strip right sides together along the edge of the top strip. Sew in place and flip up, forming a small tuck at the lower edge creating a matching width to the previous strip. Baste across the upper edge and trim the strip even with the pillow front edges.
5. Press the strips and baste the side edges just inside the pillow front edge. Trim excess strip length.

Assembling the Pillow Back

1. Narrowly hem one long edge of each pillow back rectangle.
2. Overlap the hemmed edges about 4" (10.16cm) to create an 18½" (46.99cm) square. Baste the overlap edges together.

Assembling the Pillow

1. Place the pillow back and pillow front right sides together with the backing overlap facing the lower pillow edge.
2. Pin the lowermost folded strip edge out of the way so it doesn't get caught in the seam.
3. Stitch completely around the pillow.
4. Turn the pillow right side out through the back opening. Check to be sure the lower folded strip is not caught in the seam.
5. Insert the pillow form through the back opening and push into the corners.