Panel Pat (worked over 8 sts).

2nd and alt rows: Purl.
5th row: P2. K2. C4F.
7th row: As 3rd row.
8th row: Purl. These 8 rows form Panel Pat.

BACK
**With MC and smaller needles, cast on 192 (216-240) sts.


Change to larger needles and rep last 2 rows until work from beg measures 6 (7-7½)" [15 (18-19)] cm, ending with a WS row.

Next row: (RS). (Make Pleats). *Slip 8 sts onto 1st double-pointed needle. Slip next 8 sts onto 2nd double-pointed needle. Turn 2nd needle (WS of both needles are faced to each other). Align left-hand needle behind the two double pointed needles and knit tog first st from each of the 3 needles (3 sets of 8 sts will be worked tog) - Pleat made. Rep from * to end of row. 64 (72-80) sts.

Next row: Purl. dec 2 (inc 0-inc 2) sts evenly across. 62 (72-82) sts.

Next 2 rows: With A, knit.

Next 2 rows: With MC, knit.

Next 2 rows: With A, knit.

Next row: With MC, knit.

Next row: Purl.

Proceed in Panel Pat as follows:

2nd row: Purl.
3rd row: (Work 1st row of Panel Pat) 7 (8-9) times. P2.
4th row: Purl.
5th row: (Work 3rd row of Panel Pat) 7 (8-9) times. P2.
6th row: As 4th row. Panel Pat is now in position.

Cont in pat, keeping cont of Panel Pat, inc 1 st each end of needle on next and following 4th row, taking inc sts into markers at each end of row.


CONT in pat, keeping cont of Panel Pat, cast off 1 st beg next 2 rows. Dec 1 st each end of needle on next 14 (15-16) rows. Cast off 2 sts beg next 6 rows. Cast off rem 22 (26-30) sts.

FINISHING
Pin garment pieces to measurements. Cover with a damp cloth leaving to dry.

Sailor Collar
With A and smaller needles, cast on 60 (66-72) sts.
1st row: (WS). With A, knit.
3rd row: With MC, knit.
4th row: With A, knit.
5th row: With MC, ssk. Knit to last 2 sts. K2tog. 54 (60-66) sts. Place markers at each end of row.

Change to larger needles, MC, and beg with a purl row, proceed in stocking st until work from beg measures 4½ (5-5)* (11.5 (12.5-12.5) cm), ending with a WS row.


Next row: P2tog. Purl to end of row.
Next row: Knit to last 2 sts. K2tog.
Next row: Cast on 3 sts. Purl to end of row. 14 (15-18) sts.


2nd row: Purl to last 3 sts. P2togtbl. P1.
4th row: As 2nd row. Rep last 4 rows 0 (1-1) time more. 11 (9-12) sts.

Proceed as follows:
1st row: (RS). K1. ssk. Knit to end of row.
2nd row: Purl.
4th row: Purl.
Rep last 4 rows 5 (5-6) times more. 5 (3-5) sts. Work 4 rows even in stocking st. Cast off.
With RS of work facing, join yarn to rem sts. Cast off 26 (30-30) sts. Knit to end of row.
Dec 1 st at neck edge on next 3 rows. 11 (12-15) sts.

**Next row:** Cast on 3 sts. Knit to end of row. 14 (15-18) sts.
**Next row:** Purl.

**2nd row:** P1. P2tog. Purl to end of row.
**3rd row:** Kfb. Knit to last 3 sts. K2tog. K1.
**4th row:** As 2nd row.
Rep last 4 rows 0 (1-1) time more. 11 (9-12) sts.

Proceed as follows:
**1st row:** (RS). Knit to last 3 sts. K2tog. K1.
**2nd row:** Purl.
**3rd row:** Kfb. Knit to last 3 sts. K2tog. K1.
**4th row:** Purl.
Rep last 4 rows 5 (5-6) times more. 5 (3-5) sts.
Work 4 rows even in stocking st. Cast off.

**Right side edge of Collar:** With RS of work facing, smaller needles and A, pick up and knit 58 (61-64) sts along right side of Collar to marker.
**Next row:** With MC, Kfb. Knit to end of row.

**Left side edge of Collar:** With RS of work facing, smaller needles and A, pick up and knit 58 (61-64) sts along left side of Collar to marker.
**Next row:** (WS). Kfb. Knit to end of row.
**Turn.** Cast on 15 sts.
**Next row:** With MC, knit.
**Next row:** With MC, Kfb. Knit to end of row.
**Next row:** With A, knit.
**Next row:** With A, Kfb. Knit to end of row. Cast of.

**Ring:** With MC and smaller needles, cast on 3 sts.
Proceed in stocking st for 2" [5 cm]. Cast off. Sew cast on and cast off edges tog to form a ring.

**Inset:** With MC, cast on 5 sts.
**2nd row:** With MC, purl.
**3rd row:** With A, as 1st row.
**4th row:** With A, purl.
Rep last 4 rows 3 times more. 21 sts.
With MC, knit 3 rows. Cast off knitwise (WS).