

Technique:	Paper piecing
Designed By:	Cheryl A. Adam
Skill Level:	Intermediate
Crafting Time:	Longer Term
Finished size:	12" x 12" (30.48 x 30.48cm)

Featuring Dual Duty XP®
Paper Piecing thread and
FreeSpirit Designer Essential Solids

Supplies

- Coats Dual Duty XP® Paper Piecing thread
- Citron - CSFSESS.CITRO
- Apple Green - CBFS002.APPLE
- Royal blue - CSFSESS.ROYAL
- Bahama Blue - CSFSESS.BAHAM
- 4 copies of Block 1 foundation (Pages 3 & 4)

Additional Requirements

- Sewing Machine
- Basic Sewing Supplies
- Printer

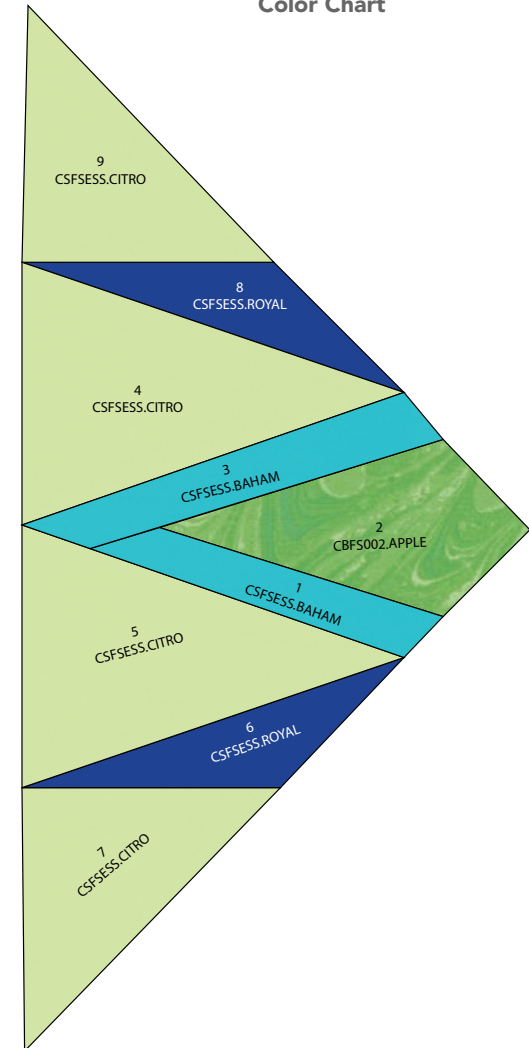
Instructions

Note: Cutting template on page 3-4

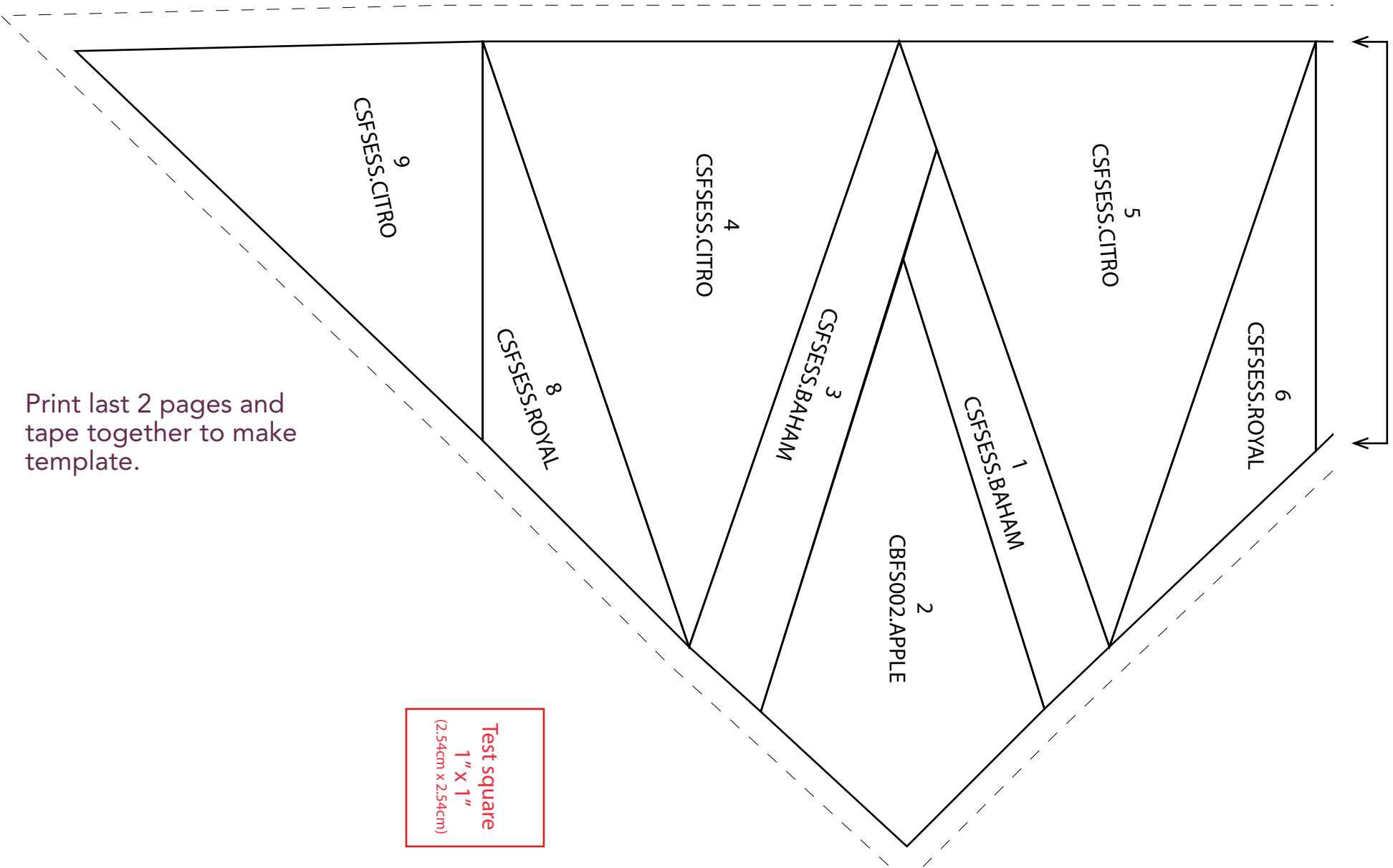
1. Roughly cut fabric to cover each labeled area of the foundation; remember that you'll need four of each piece. Cut the fabric at least ½" (1.3cm) larger on each side than the corresponding foundation area. Refer to the foundation labels for fabric placement.
2. Place fabric piece 1 right side up on the unmarked side of the paper foundation, making sure that it extends beyond the perimeter of foundation area 1 on all sides. It's helpful to hold the foundation up to a bright light so the fabric is visible from the printed side of the paper.
3. Place piece 2 on the unprinted side of the foundation, right side up, positioning it so that it covers area 2. Carefully flip piece 2 over onto piece 1 so that the fabrics are right sides together, making sure that fabric from both pieces extends at least ¼" (.6cm) beyond the seamline. Pin the pieces in place. With the foundation printed-side up, sew on the line between areas 1 and 2.
4. Working on the unprinted side of the foundation, flip fabric 2 over so that its right side is facing up, and check again to make sure that fabric covers the entire foundation area. Flip fabric 2 back onto fabric 1 and trim the seam allowances to about ¼" (.6 cm). Smooth fabric 2 back over its foundation area and press.

5. Repeat steps 3 and 4 for the remaining foundation areas. When you have completed piecing the entire foundation, trim the perimeter seam allowances to ¼" (.6cm). Make four triangular sections.
TIP: To stabilize the outer edges of each pieced section, stitch just outside the seamline around the section perimeter before trimming the foundations.
6. Following the block diagram above, sew the four triangles together to make the block, matching intersecting seams. Carefully tear the paper from the back of the block and press.

Color Chart



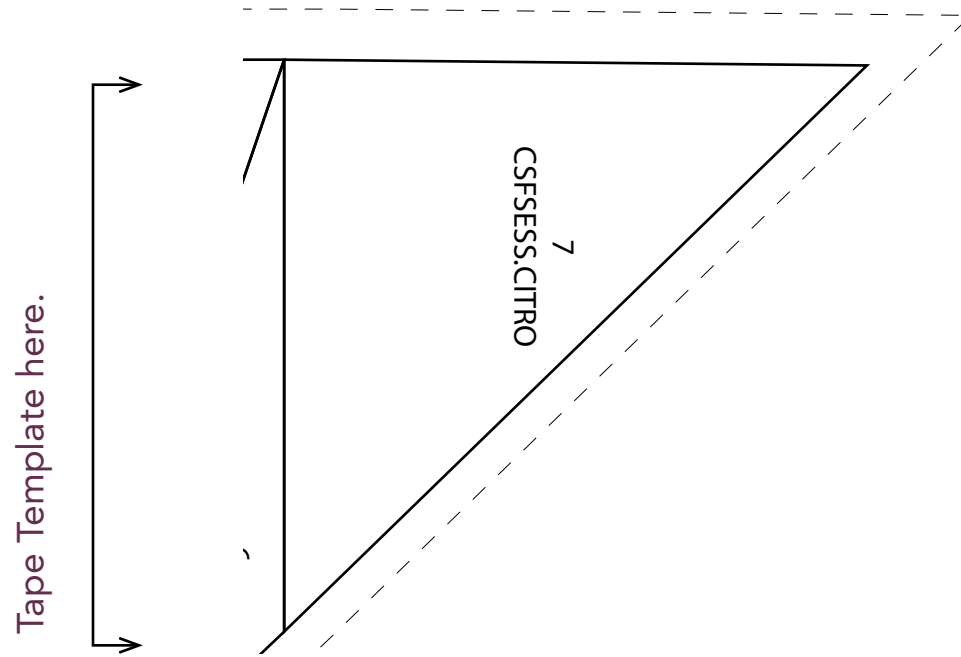
Tape Template here.



Print last 2 pages and tape together to make template.

Test square
1" X 1"
(2.54cm x 2.54cm)

*** Measure templates before cutting to confirm printing at 100%***



*** Measure templates before cutting to confirm printing at 100%***