



 CRAFT | SKILL LEVEL: **EASY**

### **MEASUREMENT**

Approximately 20" [51 cm] square.

### **INSTRUCTIONS**

#### **Notes:**

- Right side of work is facing at all times.
- 'Working yarn' is held behind stitches throughout.
- Loops from working yarn are always pulled through stitches from back to front of work.

Count 30 loops for foundation row, noting yarn end is at far left and all loops are facing upwards.

**1st row:** Working from **right** to **left**, cross 30th loop in front of 29th loop. Pull next loop from working yarn up from behind through 29th loop. Pull next loop from working yarn up from behind 30th loop. \*Cross next loop of foundation row in front of 2nd loop of foundation row. Holding crossed loops in position, pull next loop from working yarn up from behind through next loop. Pull next loop from working yarn up from behind

through next loop. Repeat from \* to end of row. **Do not** turn work. 30 stitches in row.



**2nd row:** Working from **left** to **right**, skip first stitch of row just worked. Cross 2nd stitch in front of 3rd stitch. Holding crossed stitches in position, pull loop from working yarn up from behind through 3rd stitch. Pull next loop from working yarn up from behind 2nd stitch. \*Cross next 2 stitches. Holding crossed stitches in position, pull next loop from working yarn up from behind through next stitch. Pull

### **MATERIALS**

**Bernat® Alize® Blanket-EZ™** (6.4 oz/180 g; 18 yds/16 m)  
Denim Blues (37020) **3 balls**

20" [51 cm] square pillow form. Tapestry needle.

next loop from working yarn up from behind through next stitch. Repeat from \* to last stitch. Leave last stitch unworked. **Do not** turn work.

**3rd row:** Working from **right to left**, cross unworked stitch in front of 2nd stitch. Holding crossed stitches in position, pull next loop from working yarn up from behind through 2nd stitch. Pull next loop from working yarn up from behind through first stitch. \*Cross next 2 stitches. Holding crossed stitches in position, pull next loop from working yarn up from behind through next stitch. Pull next loop from working yarn up from behind through next stitch. Repeat from \* to end of row. **Do not** turn work.



Repeat 2nd and 3rd rows until Pillow measures approximately 40" [101.5 cm], ending on a 2nd row.

**Bind off row:** Working in **same direction as last row**, pull 2nd stitch through 1st stitch. Pull 3rd stitch through 2nd stitch. Pull 4th stitch through 3rd stitch. Continue in this manner to end of row. Cut thread at base of loop (thread used to create the loop) to create a yarn 'tail'. Tie to secure and weave in ends.

### FINISHING

Fold work in half with right side facing out. Cut a length of yarn approximately 40" [101.5 cm] long. Cut thread at base of all loops to create a smooth yarn for seaming. Thread yarn onto tapestry needle. Sew 2 sides of Pillow Insert pillow form. Sew remaining side closed.

### Bind off

