



**BERNAT® HANDICRAFTER COTTON
ZEN PILLOWS (TO KNIT)**

MEASUREMENT

Approx 16 ins [40.5 cm] diameter.

MATERIALS

Bernat® Handicrafter Cotton (Solids 400 g/14 oz; 650 m/710 yds, Solids 50 g/ 1.75 oz; 73 m/80 yds)

2 COLOR VERSION

MC: 28003 (Robin's Egg)

210 m /230 yds

A: 01085 (Jute)

60 m /66 yds

Bernat® Handicrafter Cotton (Ombre 340 g/12 oz; 556 m/608 yds)

SINGLE COLOR VERSION

34011 (Lotus Blossom)

295 m /323 yds

Set of four size 4.5 mm (U.S. 7) double-pointed needles. Size 4.5 mm (U.S. 7) circular knitting needle 24 ins [60 cm] long **or size needed to obtain gauge.** 16 ins [40.5 cm] round pillow form.

GAUGE

20 sts and 26 rows = 4 ins [10 cm] in stocking st.

ABBREVIATIONS

Inc1P = Increase 1 stitch in next st by purling into back and front of stitch.

www.bernat.com/abbreviations

INSTRUCTIONS

2 COLOR VERSION

Front and Back (make 2 pieces alike).

With MC and set of 4 needles, cast on 4 sts.

1st rnd: Inc 1 st in each st. 8 sts. Divide sts onto 3 needles: (2, 3, 3). Join in rnd, placing a marker on first st.

2nd rnd: *Inc 1 st in next st. Rep from * around. 16 sts.

3rd rnd: *Inc1P. P1. Rep from * around. 24 sts.

4th rnd: Purl.

5th rnd: *Inc 1 st in next st. K2. Rep from * around. 32 sts.

6th rnd: Knit.

7th rnd: *Inc1P. P3. Rep from * around. 40 sts.

8th rnd: Purl.

9th rnd: *Inc 1 st in next st. K4. Rep from * around. 48 sts.

10th rnd: With A, (K6. Place marker) 8 times.

11th rnd: (Purl to 1 st before marker. Inc1P. Slip marker) 8 times. 56 sts.

****12th rnd:** With MC, purl.

13th rnd: (Knit to 1 st before marker. Inc 1 st in next st. Slip marker) 8 times. 64 sts.

14th rnd: Knit.

15th rnd: (Purl to 1 st before marker. Inc1P. Slip marker) 8 times. 72 sts.

16th rnd: Purl.

17th rnd: (Knit to 1 st before marker. Inc 1 st in next st. Slip marker) 8 times. 80 sts.

18th rnd: With A, knit.

19th rnd: (Purl to 1 st before marker. Inc1P. Slip marker) 8 times. 88 sts.**

Rep from ** to ** for pat, inc 8 sts every alt rnd and changing to circular needle to accommodate added sts when necessary until work from center measures approx 8 ins [20.5 cm] for a diameter of 16 ins [40.5 cm], ending on a 16th rnd of pat. With MC, cast off loosely knitwise.

SINGLE COLOR VERSION

Work as for 2 Color Version omitting all references to color changes.

FINISHING

Sew Front and Back tog, leaving 10 ins [25.5 cm] opening. Insert pillow form. Sew opening closed.

