



Technique:	Hand Sewing
Designed By:	Linda Turner Griepentrog
Skill Level:	Beginner
Crafting Time:	Weekend
Finished size:	12" x 16" (30.48cm x 40.64cm)

## Featuring Coats® Bold Hand Quilting Thread

Whether it's Valentine's Day or a special anniversary, this framed art piece sends a simple message of love to the recipient. Buttons and yo-yos combine to create the bold graphics.

## Supplies

- Coats® Bold Hand Quilting Thread\*
- Coats Dual Duty XP® All-purpose Thread
- 15" x 18" (38.10cm x 45.72cm) 28 ct. even weave cloth or sturdy white fabric
- 12" x 16" (30.48cm x 40.64cm) self-stick mounting board
- 12" x 16" (30.48cm x 40.64cm) photo frame
- Assorted black and gray cotton scraps
- Assorted black buttons, 1" (2.54cm) diameter and less
- Craft glue
- Heat-removable marking pen
- Lettering patterns

\*May also use Coats Button & Craft thread

## Preparation

Print out the letters and align the marks to create one large sheet; tape together. Transfer the letters and heart shape to the white fabric using the removable marking pen.

## Create the Shapes

1. Using a double strand of Bold Hand Quilting Thread, follow the lines to outline the letters and heart shapes using big stitches. Tie off thread ends on the wrong side.
2. Lay out the buttons to fill the insides of the letter spaces. If desired, use a small dot of craft glue to hold the buttons in place for stitching. Allow glue to dry before moving the piece.
3. Using two strands of Bold Hand Quilting Thread, sew on each button, anchoring at least twice through each set of holes. Knot the thread after each button, and continue sewing to the neighboring button.

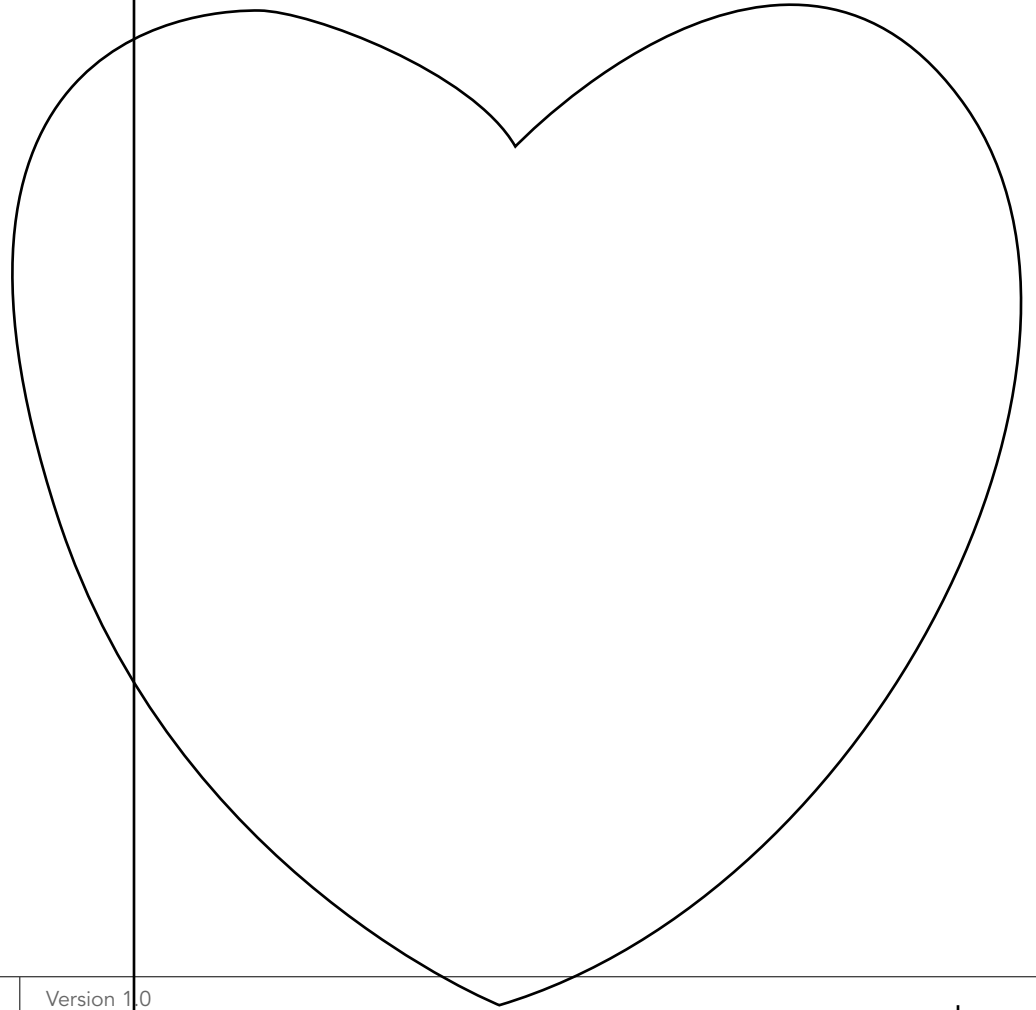
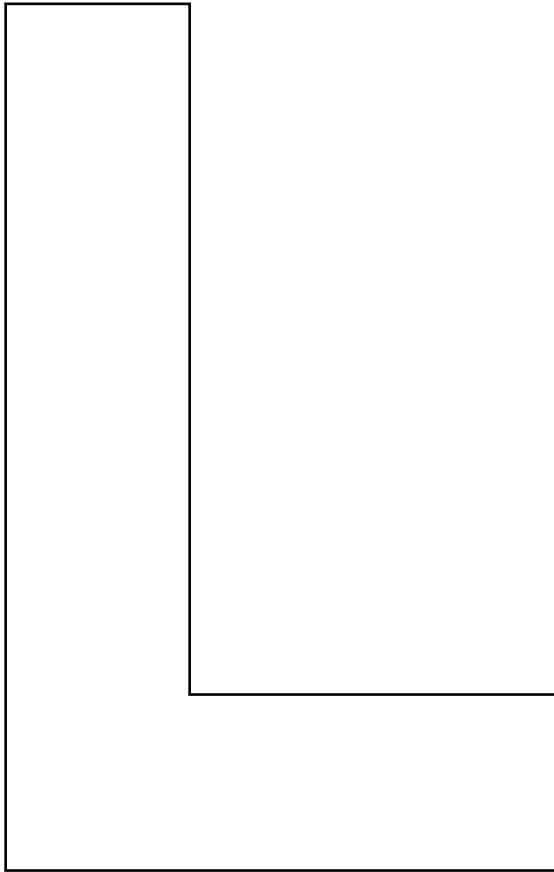
## Make the Yo-Yos

1. Cut 1½"-2" (3.81cm x 5.08cm) circles from assorted black and gray prints.
2. Using All-purpose Thread, carefully fold under ¼" (.64cm) around the edge of each circle and sew a small running stitch along the folded edge.
3. Pull up the threads tightly, drawing the folded edges to the circle center. Tie off the threads securely.
4. Make enough yo-yos to fill the outlined heart area. Use a small dot of craft glue on the underside to hold the yo-yos in place for stitching. Let the glue dry.
5. From the wrong side, sew around each yo-yo perimeter to secure.

## Assemble the Hanging

1. Press the lettering outlines to remove any pen marks and steam out any wrinkles. Do not press over the buttons, but only around the shape edges.
2. Remove the glass and backing board from the photo frame. Trace the size of the backing board onto the self-stick mounting board and cut to size.
3. Matching centers, mount the lettering on the backing board, following the manufacturer's instructions. Smooth into place and finger-press firmly around the shapes. Fold the excess fabric to the back and trim if desired.
4. Insert the mounted hanging into the frame. Replace the backing board in the frame and secure.

center



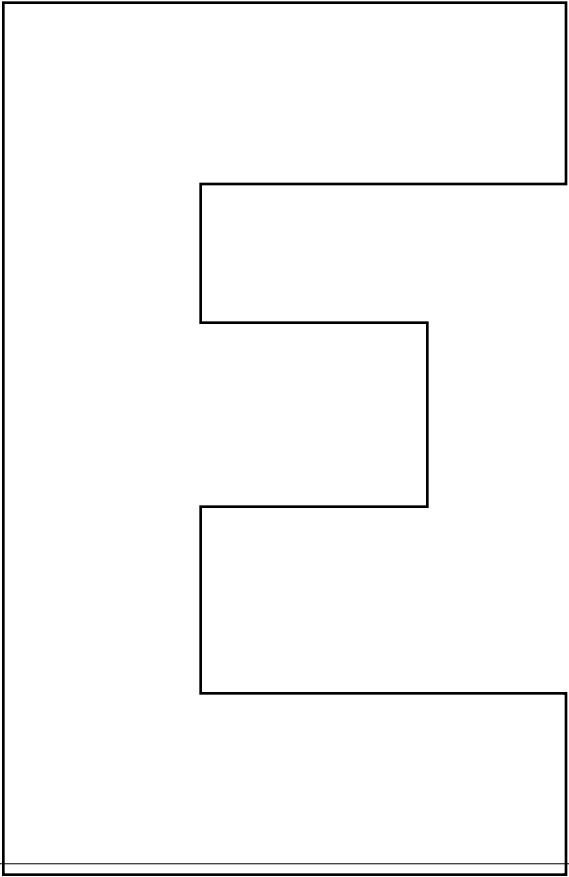
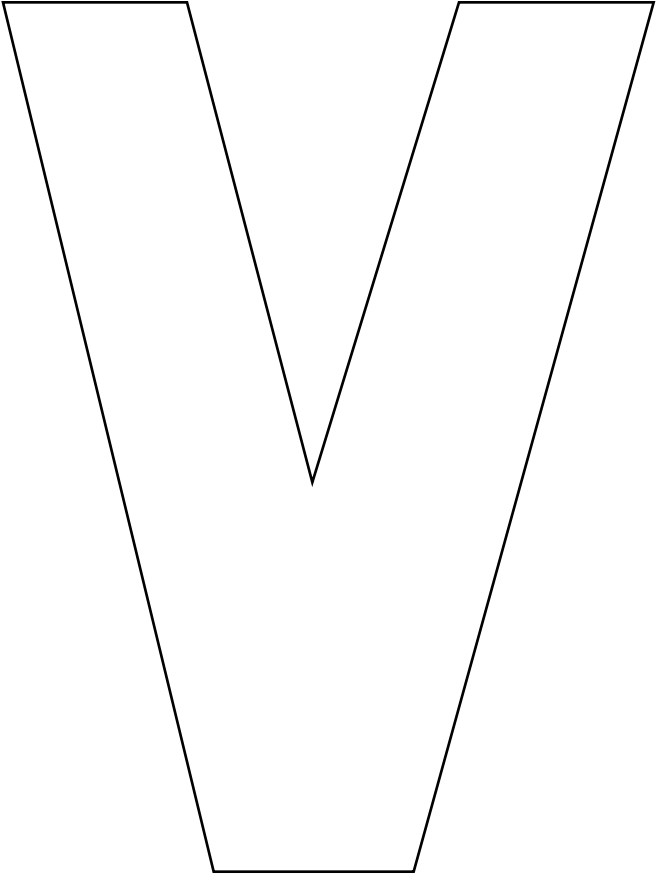
This square should  
measure 1" x 1"  
(2.54cm x 2.54cm)  
when printed.

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Match Lines Together

\*\*\* Measure templates before cutting to confirm printing at 100%\*\*\*

match lines together



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