



Crochet Heart & Sole Socks

Designed by Amy O'Neill Houck.

Woman's Adult
Foot length: 9"

RED HEART® "Heart & Sole®": 2 skeins 3955 Mellow Stripe.

Crochet Hook: 2.75mm (US C/2)
Stitch markers.
Yarn needle.

GAUGE: 30 sc = 4"; 17 rows = 4" in linked double crochet. **CHECK YOUR GAUGE.** Use any size hook to obtain the specified gauge.

Gauge Swatch

Ch 32.

Row 1: Ldc in 4th ch from hook (beginning ch counts as first dc), ldc in each remaining ch across – 30 ldc.

Rows 2–17: Ch 3 (counts as first ldc), turn, ldc in each st across.

Resulting gauge swatch should measure 4" x 4".

Notes: Crocheted socks have little negative ease. Try it on as you go. Sock is worked from the toe to ankle. Toe is worked in continuous rounds; do not join or turn at the end of rounds. The foot is worked in joined rounds without turning. The toe, foot, and ankle are worked in one piece, and an opening is created for the heel. After the rest of the sock is complete, the heel is worked into the opening.

SOCK (make 2)

Toe

Ch 10.

Round 1: Sc in 2nd ch from hook and in next 7 ch, 3 sc in last ch; place stitch marker in center sc of 3-sc group just made; pivot to work long opposite side of foundation ch, sc in next 7 ch, 2 sc in last ch; place stitch marker in the 2nd sc of 2-sc group just made); do not join – 20 sc.

Round 2: [Sc in each st to next marker, 3 sc in marked st] twice – 24 sc.

Rounds 3–8: Repeat Round 2 – 48 sc. Do not fasten off.

Try on your toe. It should be almost wide enough to fit around the widest part of your foot. Work an extra round or two if necessary. A little snugness is good at this point because the change in stitch pattern for the foot adds a little bit of ease.

Foot

Round 1: Ch 3 (does not count as a st here and throughout), ldc in next 24 sts (or one half of the total number of toe sts), *skip next st, V-st in next st; repeat from * around; join with slip st in top of turning ch – 24 ldc and 12 V-sts.

The linked sts form the sole of the foot. The V-st lace forms the top of the foot.

Round 2: Ch 3, ldc in next 24 sts, dc in space before next V-st, *ch 1, skip next V-st, dc in space before next V-st; repeat from * around ending with ch 1, dc in space before turning ch; join with slip st in top of turning ch.



Round 3: Ch 3, ldc in next 24 sts, V-st in each ch-1 space around; join with slip st in top of turning ch.

Repeat Rounds 2 and 3 until piece measures 6½", or until top of foot reaches beginning of ankle, end with a Round 2. Do not fasten off.

Create Opening For Heel

Fsc 28; skip sole sts; join the final Fsc in first dc of lace section.

Ankle

Round 1: Ch 3, V-st in each ch-1 space across top of foot; *V-st in next Fsc, skip next Fsc; repeat from * around; join with slip st in top of turning ch – 26 V-sts.

Round 2: Ch 4 (counts as dc, ch 1), skip first V-st, *dc in space before next V-st, ch 1, skip next V-st; repeat from * around; join with slip st in 3rd ch of beginning ch.

Round 3: Ch 3, V-st in each ch-1 space around; join with slip st in top of beginning ch.

Repeat Rounds 2 and 3 for 4", or desired ankle length, end with a Round 2. Do not fasten off.

Ribbed Cuff

Ch 10.

Row 1: Sc in 2nd ch from hook and in each remaining ch across; slip st in next 2 sts of last round of ankle.

Row 2: Turn, working in back loops only, sc in each st of previous row.

Row 3: Ch 1, turn, working in back loops only, sc in each st of previous row; slip st in next 2 sts of last round of ankle.

Repeat Rows 2 and 3 around the ankle.

Joining Row: Hold first and last row of cuff together, working through both thicknesses, sc in each st across. Fasten off.

Heel

Place a stitch marker in each corner of the heel opening. Move markers up as work progresses.

With right side facing, join yarn with sc anywhere along edge of heel opening. The first round is worked in the skipped sole sts and along opposite side of Fsc sts.

Round 1: [Sc in each st to 1 st before next marker, sc2tog] twice, sc in each remaining st around; do not join – 50 sts.

Rounds 2–16: [Sc in each st to 1 st before next marker, sc2tog] twice, sc in each remaining st around – 20 sts. Fasten off.

Joining Row: With inside of sock facing, flatten remaining

heel opening, aligning sts; working through both thicknesses, join yarn with slip st in first st, slip st in each remaining st across to close opening. Fasten off.

Finishing

Weave in ends.



RED HEART® "Heart & Sole®",
Art. E745 1 ¾ oz (50g), 213 yd (195m)
skeins.

ABBREVIATIONS: **ch** = chain; **dc** = double crochet; **mm** = millimeters; **sc** = single crochet; **st(s)** = stitch(es); * or ** = repeat whatever follows the * or ** as indicated.

SPECIAL ABBREVIATIONS:

Fsc (foundation single crochet)

Step 1: Ch 2, insert hook in 2nd ch from hook, yarn over and draw up a loop, yarn over and draw through one loop on hook (base-ch made); yarn over and draw through 2 loops on hook (Fsc made)

Step 2: Insert hook in base-ch of last Fsc made (be sure to insert hook under 2 loops of the base-ch; the loop at the front or face of the base-ch and the loop on the bottom side of the base-ch), yarn over and draw up a loop, yarn over and draw through one loop on hook (base-ch made), yarn over and draw through 2 loops on hook (Fsc made). Repeat Step 2 for desired number of Fsc.

Ldc Insert hook in center (horizontal) bar of the last st (or the 2nd ch of beginning ch-3) and draw up a loop (2 loops on hook); insert hook in next st and draw up a loop (3 loops on hook); [yarn over and draw through 2 loops on hook] twice.

sc2tog (sc dec) Insert hook into st and draw up a loop. Insert hook into next st and draw up a loop. Yarn over, draw through all 3 loops on hook.

V-st: 2 dc in indicated st or space.