



KNIT | SKILL LEVEL: INTERMEDIATE

ABBREVIATIONS

Alt = Alternate
Approx = Approximately
Beg = Begin(ning)
Cont = Continue(ity)
Dec = Decreasing
Inc = Increasing
K = Knit
K2tog = Knit next 2 stitches together

P = Purl
P2tog = Purl next 2 stitches together
P2togtbl = Purl next 2 stitches together through back loops
Pat = Pattern
PM = Place marker
Rem = Remaining
Rep = Repeat

RS = Right side
Ssk = Slip next 2 stitches knitwise one at a time. Pass them back onto left-hand needle, then knit through back loops together
St(s) = Stitch(es)
WS = Wrong side

SIZES

To fit chest measurement

XS/S 28-34" [71-86.5 cm]
M 36-38" [91.5-96.5 cm]
L 40-42" [101.5-106.5 cm]
XL 44-46" [112-117 cm]
2/3XL 48-54" [122-137 cm]
4/5XL 56-62" [142-157.5 cm]

Finished chest

XS/S 36" [91.5 cm]
M 40" [101.5 cm]
L 44" [112 cm]
XL 48" [122 cm]
2/3XL 56" [142 cm]
4/5XL 60" [152.5 cm]

GAUGE

17 sts and 23 rows = 4" [10 cm] with larger needles in stocking st.

INSTRUCTIONS

The instructions are written for smallest size. If changes are necessary for larger sizes the instructions will be written thus (.). Numbers for each size are shown in the same color throughout the pattern. When only one number is given in black, it applies to all sizes.

MATERIALS

Red Heart® Super Saver® (7 oz/198 g; 364 yds/333 m)

Sizes	XS/S	M	L	XL	2/3XL	4/5XL	
Contrast A							
Black (312)	1	2	2	2	3	3	ball(s)
Contrast B							
Soft White (316)	1	2	2	2	3	3	ball(s)

Sizes U.S. 7 (4.5 mm) and U.S. 8 (5 mm) Susan Bates® Silvalume™ knitting needles. Size U.S. 7 (4.5 mm) Susan Bates® Silvalume™ circular knitting needle 24" [60 cm] long **or size needed to obtain gauge.** Susan Bates® yarn needle. Susan Bates® stitch holder. Susan Bates® stitch markers.

Note: When working Check Pat, use Intarsia technique as follows: Wind small balls of the colors to be used, one for each separate area of color in the design. To change colors, wind the 2 colors around each other, where they meet on WS to avoid a hole.

FRONT

****Ribbing:** With A and smaller needles, cast on **74 (86-94-102-118-126)** sts.

1st row: K2. *P2. K2. Rep from * to end of row.

2nd row: P2. *K2. P2. Rep from * to end of row.

Rep last 2 rows of (K2. P2) ribbing for **2 (2-3-3-3-3)" [5 (5-7.5-7.5-7.5-7.5) cm]**, inc 2 sts evenly across last row and ending on a WS row. **76 (88-96-104-120-128)** sts.**

Change to larger needles and proceed in Check Pat as follows:

Sizes XS/S and M only: 1st row: (RS). With B, K**13 (15)**. With A, K**25 (29)**. With B, K**25 (29)**. With A, K**13 (15)**.

2nd row: With A, P**13 (15)**. With B, P**25 (29)**. With A, P**25 (29)**. With B, P**13 (15)**.

Rep last 2 rows **16 (19)** times more - total **34 (40)** rows.

Next row: (RS). With A, K**13 (15)**. With B, K**25 (29)**. With A, K**25 (29)**. With B, K**13 (15)**.

Next row: With B, P**13 (15)**. With A, P**25 (29)**. With B, P**25 (29)**. With A, P**13 (15)**.

Rep last 2 rows **16 (19)** times more - total **34 (40)** rows.

Last **68 (80)** rows form Check Pat.

*****Sizes L, XL, 2/3XL and 4/5XL only: 1st row:** (RS). [With B, K(**24-26-30-32**). With A, K(**24-26-30-32**)] twice.

2nd row: [With A, P(**24-26-30-32**). With B, P(**24-26-30-32**)] twice.

Rep last 2 rows (**15-16-19-21**) times more - total (**32-34-40-44**) rows.

Next row: (RS). [With A, K(**24-26-30-32**). With B, K(**24-26-30-32**)] twice.

Next row: [With B, P(**24-26-30-32**). With A, P(**24-26-30-32**)] twice. Rep last 2 rows (**15-16-19-21**) times more - total (**32-34-40-44**) rows.

Last (**64-68-80-88**) rows form Check Pat.***

All sizes: Note: Work from beg measures approx **13¾ (15½-14-15-17-18)" [33.5 (39.5-35.5-38-43-45.5) cm]**, ending on a WS row.

Shape V-neck: 1st row: (RS). Keeping cont of Check Pat, K**35 (41-45-49-57-61)**. K2tog. K1 (neck edge). **Turn.** Leave rem sts on a spare needle.

Sizes 2/3XL and 4/5XL only: 2nd row: (WS). P1. P2tog. Pat to end of row.

3rd row: Pat to last 3 sts. K2tog. K1. Rep last 2 rows 4 times more. (**49-53**) sts.

All sizes: 1st row: (WS). Keeping cont of Check Pat, purl.

2nd row: Pat to last 3 sts. K2tog. K1.

Rep last 2 rows **13 (16-18-18-10-10)** times more, then 1st row once. **23 (26-28-32-38-42)** sts.

Size XS/S only: 1st row: (RS). Pat to last 3 sts. K2tog. K1.

2nd to 4th rows: Work 3 rows even in pat.

Rep last 4 rows twice more. 20 sts.

All sizes: Note: Work from beg should measure approx **21 (21¾-21-22-23-24)" [53.5 (54.5-53.5-56-58.5-61) cm]**, ending on a WS row.

Shape shoulder: Keeping cont of Check Pat, cast off **7 (9-9-11-13-14)** sts beg of next and following alt row. Purl 1 row. Cast off rem **6 (8-10-10-12-14)** sts.

With RS facing, join appropriate color and keeping cont of Check Pat, proceed as follows:

1st row: K1. ssk. Pat to end of row.

Sizes 2/3XL and 4/5XL only: 2nd row: (WS). Pat to last 3 sts. P2togtbl. P1.

3rd row: K1. ssk. Pat to end of row. Rep last 2 rows 4 times more. (**49-53**) sts.

All sizes: 1st row: (WS). Work even in pat.

2nd row: K1. ssk. Pat to end of row. Rep last 2 rows **13 (16-18-18-10-10)** times more. **23 (26-28-32-38-42)** sts.

Size XS/S only: 1st row: (WS). Work even in pat.
2nd row: K1. ssk. Pat to end of row.
3rd and 4th rows: Work even in pat.
 Rep last 4 rows twice more. 20 sts.

All sizes: Shape shoulder: Keeping cont of Check Pat, cast off 7 (9-9-11-13-14) sts beg of next and following alt row. Knit 1 row. Cast off rem 6 (8-10-10-12-14) sts.

BACK

Work from ** to ** as given for Front.

Change to larger needles and proceed in Check Pat as follows:

Sizes XS/S and M only: 1st row: (RS). With A, K13 (15). With B, K25 (29). With A, K25 (29). With B, K13 (15).

2nd row: With B, P13 (15). With A, P25 (29). With B, P25 (29). With A, P13 (15).
 Rep last 2 rows 16 (19) times more - total 34 (40) rows.

Next row: (RS). With B, K13 (15). With A, K25 (29). With B, K25 (29). With A, K13 (15).

Next row: With A, P13 (15). With B, P25 (29). With A, P25 (29). With B, P13 (15).
 Rep last 2 rows 16 (19) times more - total 34 (40) rows.
 Last 68 (80) rows form Check Pat.

Sizes L, XL, 2/3XL and 4/5XL only: Work from *** to *** as given for Front.

All sizes: Cont in Check Pat until work from beg measures same length as Front before shoulder shaping, ending on a WS row.

Shape back neck edge and right shoulder: 1st row: (RS). Keeping cont of Check Pat, cast off 7 (9-9-11-13-14) sts. Pat across 14 (18-20-22-26-29) sts (including st rem from cast-off). K2tog. **Turn.** Leave rem sts on a spare needle.

2nd row: P2tog. Pat to end of row. 14 (18-20-22-26-29) sts rem.
3rd row: Cast off 7 (9-9-11-13-14) sts. Pat to last 2 sts. K2tog. 6 (8-10-10-12-14) sts rem.
4th row: Work even in pat. Cast off rem 6 (8-10-10-12-14) sts.

With RS facing, slip next 30 (30-34-34-38-38) sts onto a st holder.

1st row: (RS). With appropriate color, ssk. Pat to end of row.

2nd row: Cast off 7 (9-9-11-13-14) sts. Pat to last 2 sts. P2togtbl.

3rd row: As 1st row.

4th row: Cast off 7 (9-9-11-13-14) sts. Pat to end of row.

5th row: Work even in pat. Cast off rem 6 (8-10-10-12-14) sts.

FINISHING

Pin pieces to measurements. Cover with a damp cloth leaving cloth to dry. Sew shoulder seams.

Note: Neckband is worked back and forth in rows using Intarsia technique. After neckband is complete, center front V is seamed together.

Neckband: Beg at bottom of V-neck, with smaller circular needle and A (opposite color to Front square), pick up and knit 39 (39-37-37-35-35) sts up right front to shoulder seam. Pick up and knit 4 sts down right back neck edge. K15 (15-17-17-19-19) from back st holder, dec 1 st at center. With B, K15 (15-17-17-19-19) from

back st holder, dec 1 st at center. Pick up and knit 4 sts up left back neck edge. Pick up and knit 39 (39-37-37-35-35) sts down left front to bottom of V-neck shaping. 114 sts. **Do not join.**

Working back and forth across needle in rows, proceed as follows:
1st row: (WS). With B, (P2. K2) 14 times. P1. With A, P1. (K2. P2) 14 times.

2nd row: With A, K1. ssk. P1. (K2. P2) 13 times. K1. With B, K1. (P2. K2) 13 times. P1. K2tog. K1. 112 sts.

3rd and alt rows: Knit all knit sts and purl all purl sts, changing colors as established.

4th row: With A, K1. ssk. (K2. P2) 13 times. K1. With B, K1. (P2. K2) 13 times. K2tog. K1. 110 sts.

6th row: With A, K1. ssk. K1. P2. (K2. P2) 12 times. K1. With B, K1. (P2. K2) 12 times. P2. K1. K2tog. K1. 108 sts.

Cont in same manner, working (K2, P2) ribbing, dec 1 st, as before, at beg and end of every following alt row, changing colors as established until Neckband measures 2" [5 cm], ending on a RS row. Cast off in rib, changing colors as established. Sew center V-neck seam.

PM $7\frac{1}{2}$ (8-8½-9-9½-9½)" [19 (20.5-21.5-23-24-24) cm], down from shoulder seams at each side of Front and Back for armholes.

Right Armband: With A and smaller needles, pick up and knit 66 (70-74-78-82-82) sts evenly between markers.

1st row: (WS). P2. *K2, P2. Rep from * to end of row.

2nd row: K1. ssk. Rib to last 3 sts. K2tog. K1.

3rd to 5th rows: Knit all knit sts and purl all purl sts as they appear. Rep 2nd to 5th rows until Armband measures approx 2" [5 cm], ending on a 2nd row. Cast off in ribbing.

Left Armband: With B, work as given for Right Armband. Sew sides and armband seams, matching pat.

