



 KNIT | SKILL LEVEL: **BEGINNER**

ABBREVIATIONS

Alt = Alternate(ing)

Approx = Approximately

Beg = Beginning

Cont = Continue(ity)

K2tog = Knit next 2 stitches together

K = Knit

K1tbl = Knit next stitch through back loop

P = Purl

Pat = Pattern

Rem = Remaining

Rep = Repeat

Rnd(s) = Round(s)

RS = Right side

Sl1 = Slip next stitch knitwise

Sl1P = Slip next stitch purlwise

Ssk = Slip next 2 stitches knitwise one at a time. Pass them back onto left-hand needle, then knit through back loops together

St(s) = Stitch(es)

Tog = Together

WS = Wrong side

Yo = Yarn over

SIZES

To fit woman's shoe sizes

5/6 (7/8-9/10)

Finished foot length

5/6 9" [23 cm]

7/8 9½" [24 cm]

9/10 10½" [26.5 cm]

GAUGE

30 sts and 40 rows = 4" [10 cm] in stocking st.

INSTRUCTIONS

Panel Pattern (worked over 17 sts)

1st row: *K2tog. yo. K1. yo. ssk.* K3. yo. ssk. K2.

Rep from * to * once more.

2nd and alt rows: Knit.

3rd row: (K2tog. yo. K1. yo. ssk. K1) twice. K2tog. yo. K1. yo. ssk.

5th row: *K2tog. yo. K1. yo. ssk.* K2tog. yo. K3. yo. ssk. Rep from * to * once more.

6th row: Knit.

These 6 rows form Panel Pat.

MATERIALS

Patons® Kroy Socks™ (50 g/1.75 oz; 152 m/166 yds)

Sizes	5/6	7/8	9/10	
Muslin (55008)	2	2	2	balls

Set of four size 2.75 mm (U.S. 2) double pointed knitting needles or size needed to obtain gauge. Cable needle.

Cast on 58 sts. Divide sts on 3 needles. Join to work in rnds, placing marker on first st to indicate beg of rnd.

1st rnd: *K1tbl. P1. Rep from * around.

Rep last rnd of (K1tbl. P1) ribbing for 1½" [4 cm]. Divide sts as (23,12, 23) sts.

LEG

1st rnd: K6. Work 1st row of Panel Pat. K12. Work 1st row of Panel Pat. K6.

2nd rnd: K6. Work 2nd row of Panel Pat. K12.

Work 2nd row of Panel Pat. K6. Panel Pats are now in position.

Keeping cont on Panel Pat, cont even in pat until work from beg measures approx 7" [18 cm], ending on a 5th row of Panel Pat.

Arrange heel sts: K14. Slip next 9 sts onto beg of 2nd needle. Slip last 9 sts from 3rd needle to end of 2nd needle. Divide 30 sts on 2nd needle onto 2 needles and leave for instep.

Make heel: 1st row: (WS). Sl1P. Purl to end of row.

2nd row: *Sl1. K1. Rep from * to end of row.

Rep last 2 rows for 2½" [6 cm], ending on a WS row.

Shape heel: 1st row: (RS). Sl1. K14. ssk. K1. **Turn.**

2nd row: Sl1P. P3. P2tog. P1. **Turn.**

3rd row: Sl1. K4. ssk. K1. **Turn.**

4th row: Sl1P. P5. P2tog. P1. **Turn.**

5th row: Sl1. K6. ssk. K1. **Turn.**

6th row: Sl1P. P7. P2tog. P1. **Turn.**

7th row: Sl1. K8. ssk. K1. **Turn.**

8th row: Sl1P. P9. P2tog. P1. **Turn.**

9th row: Sl1. K10. ssk. K1. **Turn.**

10th row: Sl1P. P11. P2tog. P1. **Turn.**

11th row: Sl1. K12. ssk. K1. **Turn.**

12th row: Sl1P. P13. P2tog. P1. 16 sts.

Shape instep: With RS facing and 1st needle, pick up and knit 16 sts along left side of heel. With 2nd needle, K30. With 3rd needle, pick up and knit 16 sts along right side of heel, then knit first 8 sts from heel onto end of 3rd needle. Slip rem 8 sts from heel onto beg of 1st needle. 78 sts are now divided as (24, 30, 24) sts.

1st rnd: 1st needle: Knit to last 3 sts. K2tog. K1. **2nd needle:** K1. yo. K2tog. K1. *K2tog. yo. K1. yo. ssk.* K12. Rep from * to *. K1. ssk. yo. K1. **3rd needle:** K1. ssk. Knit to end of needle.

2nd rnd: Knit.

3rd rnd: 1st needle: Knit to last 3 sts. K2tog. K1. **2nd needle:** K1. ssk. yo. K1. *K2tog. yo. K1. yo. ssk.* K12. Rep from * to *. K1. yo. K2tog. K1. **3rd needle:** K1. ssk. Knit to end of needle.

4th rnd: As 2nd rnd.

Rep these 4 rnds until there are 58 sts divided as (14, 30, 14) sts.

Keeping 2nd needle in pat, cont even until foot from picked up sts at heel measures 4½ (5½-6)" [11.5 (14-15) cm].

Note: For a custom fit, work to 2" [5 cm] less than desired finished foot length, ending on either a 1st or 3rd rnd of pat.

Next rnd: 1st needle: Knit. **2nd needle:** K1. ssk. Knit to last 3 sts. K2tog. K1. **3rd needle:** Knit. 56 sts.

2nd rnd: Knit.

Shape toe: 1st rnd: 1st needle: Knit to last 3 sts. K2tog. K1. **2nd needle:** K1. ssk. Knit to last 3 sts. K2tog. K1. **3rd needle:** K1. ssk. Knit to end of needle.

2nd rnd: Knit.

Rep last 2 rnds until there are 16 sts divided as (4, 8, 4). Slip 4 sts from 3rd needle onto end of 1st needle.

Graft 2 sets of 8 sts tog.

