

Patons® Grace



Our Guy's Sailing Sweaters (to knit)

SIZES

To fit chest measurement

- 4:** 24 ins [61 cm]
6: 26 ins [66 cm]
8: 28 ins [71 cm]

- Small:** 30-32 ins [76-81.5 cm]
Medium: 34-36 ins [86.5-91.5 cm]
Large: 38-40 ins [97-102 cm]
Extra-Large: 42-44 ins [107-112 cm]

Finished chest measurement

- 4:** 30½ ins [77.5 cm]
6: 32 ins [81.5 cm]
8: 34½ ins [87.5 cm]
Small 42 ins [107 cm]
Medium 44 ins [112 cm]
Large 46 ins [117 cm]
Extra-Large 48 ins [122 cm]

TENSION

22 sts and 26 rows = 4 ins [10 cm] with 2 strands of yarn and larger needles in cable pat.

MATERIALS

Patons® Grace (50 g/1.75 oz)
Sizes: 4 (6-8-S-M-L-XL)
Main Color (MC)
 (Beige) 12 (13-14-25-26-27-28) balls
Contrast A (Red) 1 (1-1-1-1-1) ball
Contrast B (Navy) 1 (1-1-1-1-1) ball

Sizes 4½ mm (U.S. 7) and 5 mm (U.S. 8) knitting needles or size needed to obtain tension. Cable needle. 1 stitch holder.

TENSION

22 sts and 26 rows = 4 ins [10 cm] with 2 strands of yarn and larger needles in cable pat.

ABBREVIATIONS

C2B = slip next st onto cable needle and leave at back of work. K1, then K1 from cable needle.
C2F = slip next st onto cable needle and leave at front of work. K1, then K1 from cable needle.
C4B = slip next 2 sts onto cable needle and leave at back of work. K2, then K2 from cable needle.
C4F = slip next 2 sts onto cable needle and leave at front of work. K2, then K2 from cable needle.
T4B = slip next 2 sts onto cable needle and leave at back of work. K2, then P2 from cable needle.
T4F = slip next 2 sts onto cable needle and leave at front of work. P2, then K2 from cable needle.
T3B = slip next st onto cable needle and leave at back of work. K2, then P1 from cable needle.
T3F = slip next 2 sts onto cable needle and leave at front of work. P1, then K2 from cable needle.

INSTRUCTIONS

The instructions are written for smallest size. If changes are necessary for larger sizes, the instructions will be written thus ().

PANEL PAT A (worked over 4 sts)

1st row: (RS). C2B. C2F.
2nd row: P4.
3rd row: C2F. C2B.
4th row: As 2nd row.
 These 4 rows form Panel Pat A.

PANEL PAT B (worked over 10 sts)

1st row: (RS). P1. K8. P1.
2nd row: K1. P8. K1.
3rd row: P1. C4B. C4F. P1.
4th row: As 2nd row.
5th and 6th rows: As 1st and 2nd rows.

7th row: P1. T4B. T4F. P1.
8th row: K1. P2. K4. P2. K1.
9th row: T3B. P4. T3F.
10th row: P2. K6. P2.
11th row: K2. P6. K2.
12th row: As 10th row.
13th row: T3F. P4. T3B.
14th row: As 8th row.
15th row: P1. C4F. C4B. P1.
16th row: As 2nd row.
 These 16 rows form Panel Pat B.

MAN'S VERSION

BACK

**With 2 strands of A and smaller needles, cast on 92 (96-102-106) sts. Break A.
 With 2 strands of B, knit 2 rows, inc 16 (18-18-20) sts evenly across last row. 108 (114-120-126) sts. Break B.
Next row: (RS). With 2 strands of MC, knit.
Next row: *K3. P3. Rep from * to end of row.
 Rep last row 16 times more, inc 7 sts evenly across last row. 115 (121-127-133) sts.

Change to larger needles and proceed as follows:
Size S only: 1st row: (RS). P3. (Work 1st row of Panel Pat A. P3) twice. (Work 1st row of Panel Pat A. P2. Work 1st row of Panel Pat B. P2) twice. Work 1st row of Panel Pat A. P1. (Work 1st row of Panel Pat A. P2. Work 1st row of Panel Pat B. P2) twice. (Work 1st row of Panel Pat A. P3) 3 times.
2nd row: K3. (Work 2nd row of Panel Pat A. K3) twice. (Work 2nd row Panel Pat A. K2. Work 2nd row of Panel Pat B. K2) twice. Work 2nd row of Panel Pat A. K1. (Work 2nd row of Panel Pat A. K2. Work 2nd row of Panel Pat B. K2) twice. (Work 2nd row of Panel Pat A. K3) 3 times.

Sizes M, L and XL only: 1st row: (RS). P(2-5-8). (Work 1st row of Panel Pat A. P2. Work 1st row of Panel Pat B. P2) 3 times. Work 1st row of Panel Pat A. P1. (Work 1st row of Panel Pat A. P2. Work 1st row of Panel Pat B. P2) 3 times. Work 1st row of Panel Pat A. P(2-5-8).
2nd row: K(2-5-8). (Work 2nd row of Panel Pat A. K2. Work 2nd row of Panel Pat B. K2) 3 times. Work 2nd row of Panel Pat A. K1. (Work 2nd row of Panel Pat A. K2. Work 2nd row of Panel Pat B. K2) 3 times. Work 2nd row of Panel Pat A. K(2-5-8).

All Sizes: Panel Pat A and Panel Pat B are now in position.**

Cont in pat, keeping cont of Panel Pats, until work from beg measures 26 (26-27-28) ins [66 (66-68.5-71) cm], ending with RS facing for next row.



Shoulder shaping: Cast off 12 (13-14-15) sts beg next 4 rows, then 13 (14-14-14) sts beg following 2 rows. Leave rem 41 (41-43-45) sts on a st holder.

FRONT

Work from ** to ** as given for Back.

Cont in pat, keeping cont of Panel Pats, until work from beg measures 17½ (17½-18-18) ins [44.5 (44.5-45.5-45.5) cm], ending with RS facing for next row.

V-neck shaping: Next row: Pat 57 (60-63-66) sts.

Turn. Leave rem sts on a spare needle.

Next row: (WS). Cast on 1 st. Pat to end of row.

Next row: Pat to last 7 sts. Work 2tog. Work appropriate row of Panel Pat A. P1.

Next row: K1. Pat to end of row.

Rep last 2 rows 15 (15-16-14) times more. 42 (45-47-52) sts.

Proceed as follows:

Next row: Pat to last 7 sts. Work 2tog. Work appropriate row of Panel Pat A. P1.

Next row: K1. Pat to end of row.

Next row: Pat to last st. P1.

Next row: K1. Pat to end of row.

Rep last 4 rows 4 (4-4-7) times more. 37 (40-42-44) sts.

Cont even in pat until Front measures same length as Back to beg of shoulder shaping, ending with RS facing for next row.

Shoulder shaping: Cast off 12 (13-14-15) sts beg next and following alt row. Work 1 row even. Cast off rem 13 (14-14-14) sts.

With RS of work facing, slip next st onto a safety pin. Join 2 strands of MC to rem sts.

Next row: Cast on 1 st. Pat to end of row.

Work 1 row even.

Proceed as follows:

Next row: (RS). P1. Work Panel Pat A. Work 2tog. Pat to end of row.

Next row: Pat to last st. K1.

Rep last 2 rows 15 (15-16-14) times more. 42 (45-47-52) sts.

Next row: (RS). P1. Work Panel Pat A. Work 2tog. Pat to end of row.

Next row: Pat to last st. K1.

Next row: P1. Pat to end of row.

Next row: Pat to last st. K1.

Rep last 4 rows 4 (4-4-7) times more. 37 (40-42-44) sts.

Cont even in pat until Front measures same length as Back to beg of shoulder shaping, ending with WS facing for next row.

Shoulder shaping: Cast off 12 (13-14-15) sts beg next and following alt row. Work 1 row even. Cast off rem 13 (14-14-14) sts.

SLEEVES

With smaller needles and 2 strands of A, cast on 55 sts. Break A.

With 2 strands of B, knit 2 rows, inc 8 sts evenly across last row. 63 sts. Break B.

1st row: (RS). With 2 strands of MC, knit.

2nd row: P3. *K3. P3. Rep from * to end of row.

3rd row: K3. *P3. K3. Rep from * to end of row.

Rep last 2 rows 7 times more, then 2nd row once, inc 7 sts evenly across last row. 70 sts.

Change to larger needles and proceed in pattern as follows:

1st row: (RS). P1. (Work 1st row of Panel Pat A. P3) twice. (Work 1st row of Panel Pat A. P2. Work 1st row of Panel Pat B. P2) twice. (Work 1st row of Panel Pat A. P3) twice. Work 1st row of Panel Pat A. P1.

2nd row: K1. (Work 2nd row of Panel Pat A. K3) twice. (Work 2nd row of Panel Pat A. K2. Work 2nd row of Panel Pat B. K2) twice. (Work 2nd row of Panel Pat A. K3) twice. Work 2nd row of Panel Pat A. K1.

Panel Pat A and Panel Pat B are now in position.

Cont in pat, keeping cont of Panel Pats, inc 1 st at each end of next and following 6th (6th-4th-4th) rows to 94 (98-80-98) sts, taking inc sts into reps of Panel Pat A bordered by 3 sts of reverse stocking st.

Sizes L and XL only: Inc 1 st at each end of every following 6th row to (104-110) sts, taking inc sts into reps of Panel Pat A bordered by 3 sts of reverse stocking st.

All Sizes: Cont even until Sleeve from beg measures 18 (18-19-19) ins [45.5 (45.5-48-48) cm] ending with RS facing for next row. Cast off.

FINISHING

Pin garment pieces to measurements and cover with a damp cloth allowing cloth to dry.

Neckband: Sew right shoulder seam. With RS of work facing, smaller needles and 2 strands of MC, pick up and knit 52 (52-58-64) sts down Left Front of V-neck. P1 from safety pin (mark this st). Pick up and knit 51 (51-57-63) sts up Right Front of V-neck. K41 (41-43-45) from Back st holder, dec 4 (4-6-2) sts evenly across. 141 (141-153-171) sts.

1st row: (WS). *P3. K3. Rep from * to 4 sts before marked st. P2. P2tog. K1. P2togtbl. P2. *K3. P3. Rep from * to last 3 sts. K3.

2nd row: Work in (K3. P3) ribbing to 2 sts before marked st. Work 2tog. P1. Work 2tog. Work in (K3. P3) ribbing to end of row.

3rd row: Work in (K3. P3) ribbing to 2 sts before marked st. Work 2tog. K1. Work 2tog. Work in (K3. P3) ribbing to end of row.

Rep last 2 rows once more, then 2nd row once.

Change to 2 strands of B and knit 2 rows, dec 1 st each side of marked st, as before, on both rows.

Change to 2 strands of A and knit 1 row, dec 1 st each side of marked st, as before. Cast off.

Sew left shoulder and neckband seam.

Place markers 8½ (9-9½-10) ins [21.5 (23-

24-25.5) cm] down from shoulder seams on

sides of Back and Front. Sew in sleeves between

markers. Sew side and sleeve seams.

BOY'S VERSION

BACK

***With smaller needles and 2 strands of A, cast on 66 (70-76) sts. Break A.

With 2 strands of B, knit 2 rows, inc 12 (12-14) sts evenly across last row. 78 (82-90) sts. Break B.

Next row: (RS). With 2 strands of MC, knit.

Next row: *K2. P2. Rep from * to last 2 sts. K2.

Next row: *P2. K2. Rep from * to last 2 sts. P2.

Rep last 2 rows 5 times more, then 2nd row once,

inc 7 (7-5) sts evenly across last row. 85 (89-95) sts.

Change to larger needles and proceed in pat as follows:

1st row: (RS). P2 (4-7). (Work 1st row of Panel Pat A. P2. Work 1st row of Panel Pat B. P2) twice.

Work 1st row of Panel Pat A. P1. (Work 1st row

of Panel Pat A. P2. Work 1st row of Panel Pat B.

P2) twice. Work 1st row of Panel Pat A. P2 (4-7).

2nd row: K2 (4-7). (Work 2nd row of Panel Pat A.

K2. Work 2nd row of Panel Pat B. K2) twice.

Work 2nd row of Panel Pat A. K1. (Work 2nd row

of Panel Pat A. K2. Work 2nd row of Panel Pat B.

K2) twice. Work 2nd row of Panel Pat A. K2 (4-7).

Panel Pat A and Panel Pat B are now in

position.***

Cont in pat, keeping cont of Panel Pats, until work from beg measures 17 (19-20½) ins [43 (48-52) cm], ending with RS facing for next row.

Shoulder shaping: Cast off 10 (11-12) sts beg next 4 rows. Cast off 11 sts beg following 2 rows. Leave rem 23 (23-25) sts on a st holder.

FRONT

Work from *** to *** as given for Back.

Cont in pat, keeping cont of Panel Pats, until work from beg measures 11 (12½-13½) ins [28 (32-34.5) cm], ending with RS facing for next row.

V-neck shaping: Next row: Pat across 42 (~~44~~-47) sts. **Turn.** Leave rem sts on a spare needle.

Next row: Cast on 1 st. Pat to end of row.

Next row: Pat to last 7 sts. P2tog. Work appropriate row of Panel Pat A. P1.

Next row: K1. Pat to end of row.

Rep last 2 rows 5 (4-4) times more. 37 (40-43) sts.

Proceed as follows:

Next row: Pat to last 7 sts. P2tog. Work appropriate row of Panel Pat A. P1.

Next row: K1. Pat to end of row.

Next row: Pat to last 5 sts. Work appropriate row of Panel Pat A. P1.

Next row: K1. Pat to end of row.

Rep last 4 rows 5 (6-7) times more. 31 (33-35) sts.

Cont even in pat until Front measures same length as Back to beg of shoulder shaping, ending with RS facing for next row.

Shoulder shaping: Cast off 10 (11-12) sts beg next and following alt row. Work 1 row even. Cast off rem 11 sts.

With RS of work facing, slip next st onto a safety pin. Join 2 strands of MC to rem sts.

Next row: Cast on 1 st. Pat to end of row.

Work 1 row even.

Proceed as follows:

Next row: (RS). P1. Work appropriate row of Panel Pat A. P2togtbl. Pat to end of row.

Next row: Pat to last st. K1.

Rep last 2 rows 5 (4-4) times more. 37 (40-43) sts.

Proceed as follows:

Next row: (RS). P1. Work appropriate row of Panel Pat A. P2togtbl. Pat to end of row.

Next row: Pat to last st. K1.

Next row: P1. Pat to end of row.

Next row: Pat to last st. K1.

Rep last 4 rows 5 (6-7) times more. 31 (33-35) sts.

Cont even in pat until Front measures same length as Back to beg of shoulder shaping, ending with WS facing for next row.

Shoulder shaping: Cast off 10 (11-12) sts beg next and following alt row. Work 1 row even. Cast off rem 11 sts.

SLEEVES

With smaller needles and 2 strands of A, cast on 32 sts. Break A.

With 2 strands of B, knit 2 rows, inc 6 sts evenly across last row. 38 sts. Break B.

1st row: (RS). With 2 strands of MC, knit.

2nd row: *K2. P2. Rep from * to last 2 sts. K2.

3rd row: *P2. K2. Rep from * to last 2 sts. P2. Rep last 2 rows 5 times more, then 2nd row once, inc 4 sts evenly across last row. 42 sts.

Change to larger needles and proceed in pat as follows:

1st row: (RS). P1. (Work 1st row of Panel Pat A. P2. Work 1st row of Panel Pat B. P2) twice. Work 1st row of Panel Pat A. P1.

2nd row: K1. (Work 2nd row of Panel Pat A. K2. Work 2nd row of Panel Pat B. K2) twice. Work 2nd row of Panel Pat A. K1.

Panel Pat A and Panel Pat B are now in position.

Cont in pat, keeping cont of Panel Pats, inc 1 st at each end of next and every following alt row to 48 (54-60) sts, then every following 4th row to 68 (72-78) sts, taking inc sts into reps of Panel Pat A, bordered by 3 sts of reverse stocking st.

Cont even until Sleeve from beg measures 10½ (12-13½) ins [26.5 (30.5-34.5) cm], ending with RS facing for next row. Cast off.

FINISHING

Pin garment pieces to measurements and cover with a damp cloth allowing cloth to dry.

Neckband: Sew right shoulder seam. With RS of work facing, smaller needles and 2 strands of MC, pick up and knit 37 (41-45) sts down Left Front of V-neck. P1 from safety pin (mark this st). Pick up and knit 37 (41-45) sts up Right Front of V-neck. K23 (23-25) from Back st holder, dec 1 (**dec 1-inc 1**) st at center. 97 (105-117) sts.

1st row: (WS). *P2. K2. Rep from * to 3 st before marked st. P1. P2tog. K1. P2togtbl. P1. K2. *P2. K2. Rep from * to end of row.

2nd row: Work in (K2. P2) ribbing to 2 sts before marked st. Work 2tog. P1. Work 2tog. Work in (K2. P2) ribbing to end of row.

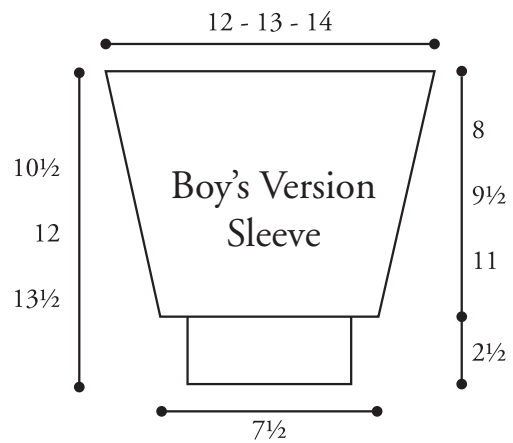
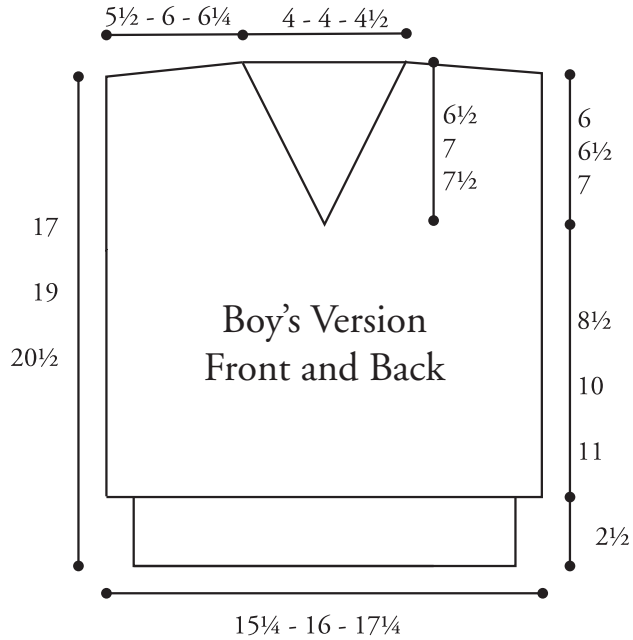
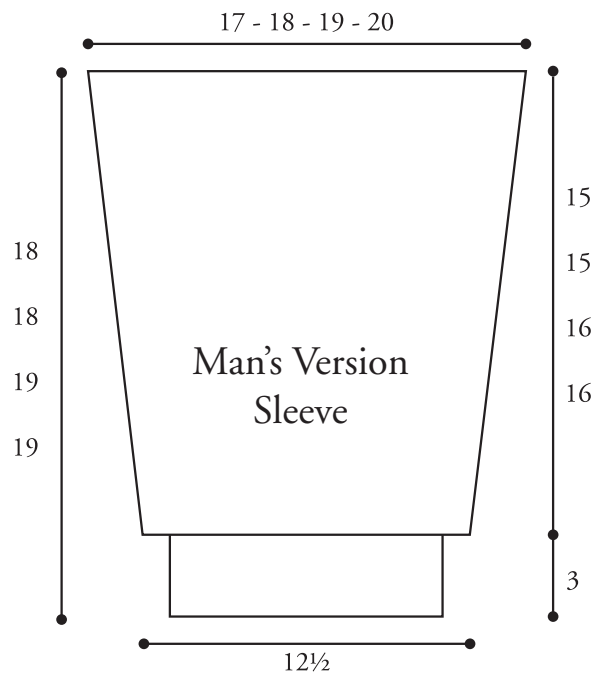
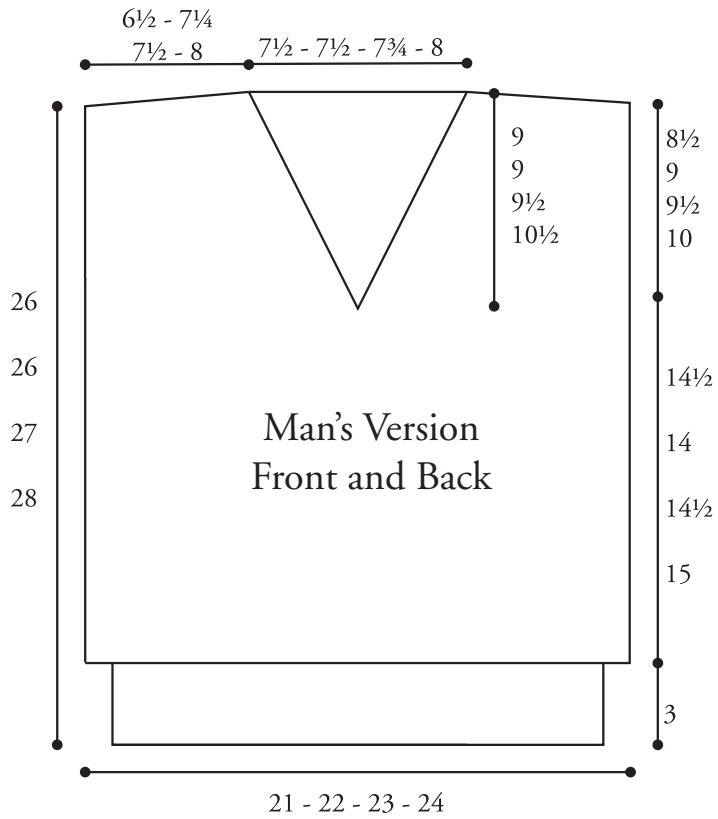
3rd row: Work in (K2. P2) ribbing to 2 sts before marked st. Work 2tog. K1. Work 2tog. Work in (K2. P2) ribbing to end of row.

Change to 2 strands of B and knit 2 rows, dec 1 st each side of marked st, as before, on both rows.

Change to 2 strands of A and knit 1 row, dec 1 st each side of marked st, as before. Cast off.

Sew left shoulder and neckband seam.

Place markers 6 (6½-7) ins [15 (16.5-18) cm] down from shoulder seams on sides of Back and Front. Sew in sleeves between markers. Sew side and sleeve seams.



Patons

... a part of your life.

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