



MATERIALS

Coats & Clark Dual Duty XP® All-Purpose Thread

1/8 yd (11.43cm) fabric
8" (20.32cm) woven elastic, 1/4"-1/2" (.64cm-1.27cm)
Large safety pin
Hand-sewing needle

 SEWING, ELASTIC CASING | SKILL LEVEL: **BEGINNER**

Featuring Coats & Clark Dual Duty XP® All-Purpose Thread

Teens & tweens love scrunchies to wear not just in their hair but often multiple ones on their wrists. Scrunchies are a great way for a sewing beginner to learn how to make a basic elastic casing. We've added a tie-on bow for extra style.

MEASUREMENTS

1 1/2" (3.81cm) ruffle

CUTTING

From fabric, cut:

(1) strip, 3 1/2" x 22 (8.89cm x 55.88cm)

Seam allowances are 1/4" (.64cm).

ASSEMBLING THE SCRUNCHIE

1. Fold the strip right sides together and sew the long edges together.
2. Press the seam open and turn the tube right side out. Press the edges with the seam along one side.
3. Using the safety pin, pull the elastic through the tube, leaving 1/2" (1.27cm) extending at the beginning opening.
4. Press under 1/4" (.64cm) on the opposite end of the tube from where the elastic is secured.
5. Being careful not to twist the elastic, pull it through the remaining length of the fabric tube. Overlap the elastic end with the previously sewn elastic end and double stitch to secure. Note that you are only sewing the elastic, not the fabric tube in this step.
6. Being careful not to twist the fabric tube, lap the press-under end over the opposite end of the fabric tube and hand stitch the edges together.



Optional Tie

1. If you want to add a tie to the scrunchie, cut a 3½" x 8" (8.89cm x 20.32cm) strip from the remaining fabric.
2. Fold the strip in half lengthwise and cut the ends off at matching angles.
3. With right sides together, sew the ends and length of the strip, leaving a 2" (5.08cm) opening in the straight edge for turning.
4. Trim the corners and turn the strip right side out through the opening. Gently poke out the corners and press all edges.
5. Hand-stitch the opening closed.
6. Tie onto the scrunchie with a single knot, leaving the tails extending.

