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SUPER FINE



KNIT 1 SKILL LEVEL: INTERMEDIATE

ABBREVIATIONS

Approx = Approximately

Beg = Beginning

C4(8)B = Slip next 2(4) stitches onto cable needle and hold at back of work. K2(4), then K2(4) from cable needle.

C4(8)F = Slip next 2(4) stitches onto cable needle and hold at front of work. K2(4), then K2(4) from cable needle.

Cont = Continue(ity)

Dec = Decrease

Inc'd = Increase(d)

K = Knit

K2tog = Knit next 2 stitches together

Kfb = Increase 1 stitch by knitting into front and back of next stitch

M1 = Make 1 stitch by picking up horizontal loop lying before next stitch and knitting into back of loop.

P = Purl

P2tog = Purl next 2 stitches together

Pat = Pattern

Rem = Remaining

Rep = Repeat

Rnd(s) = Round(s)

RS = Right side

Sl1 = Slip next stitch knitwise

Sl1P = Slip next stitch purlwise

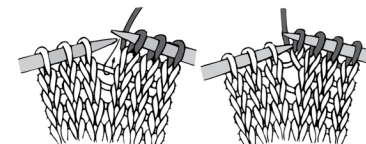
Ssk = Slip next 2 stitches knitwise one at a time. Pass them back onto left-hand needle, then knit through back loops together

St(s) = Stitch(es)

T5B = Slip next stitch onto cable needle and hold at back of work. K4, then P1 from cable needle.

T5F = Slip next 4 stitches onto cable needle and hold at front of work. P1, then K4 from cable needle.

WS = Wrong side



MATERIALS

Patons® Kroy Socks™ (1.75 oz/50 g; 166 yds/152 m)

Sizes **S** **M** **L**

Salt Water (55739) **2** **2** **3** balls

Set of 4 size U.S. 2 (2.75 mm) Susan Bates® Silvalume™ double-pointed knitting needles **or size needed to obtain gauge.** Susan Bates® steel yarn needle. Susan Bates® cable needle.

SIZES

To fit U.S. Women's Shoe Sizes

S 4-6½

M 7-9½

L 10-12½

Finished foot length / circumference

S 9" [23 cm]/7" [18 cm]

M 10" [25.5 cm]/8" [20.5 cm]

L 11" [28 cm]/9" [23 cm]

GAUGE

32 sts and 40 rnds = 4" [10 cm] in stocking stitch, knit in the round.

INSTRUCTIONS

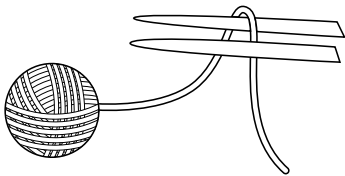
Beg at toe: Using Judy's Magic Cast-on:

Step 1:

Hold pair of double-pointed needles parallel to each other in your dominant hand, leaving tail approx 10" [25.5 cm] long as you will be using this tail for the cast on. Place yarn over top needle so tail end is closest to you and working end (yarn attached to ball) is at top. (See Diagram 1)

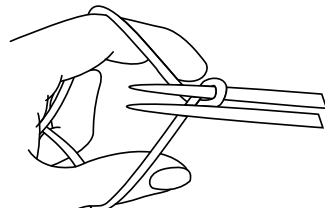
NOTE: The yarn on the top needle counts as a stitch.

Diagram 1:



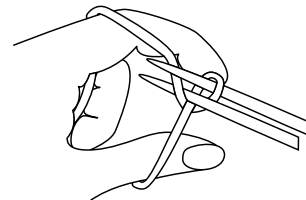
Step 2: With your left hand, hold yarn as you would for a Long-tail Cast on, placing working end of yarn over your left index finger and tail end of the yarn over your left thumb. Use remaining fingers on your left-hand to hold the two strands together at the palm. (See Diagram 2)

Diagram 2:



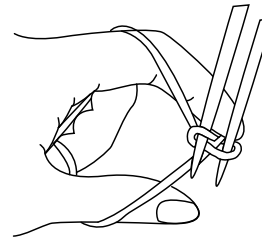
Step 3: To cast a stitch onto the bottom needle, bring working yarn on your index finger, under the bottom needle and down between the top and bottom needle. You now have 1 stitch on both top and bottom needles. (See Diagram 3)

Diagram 3:



Step 4: To cast on next stitch onto top needle, bring the tail-end yarn from your thumb up between the two needles and over the top needle. (See Diagram 4)

Diagram 4:



Repeat Steps 3 and 4 until you have 10 sts on each needle, making sure the working yarn on your index finger is always casting onto the bottom needle, and the yarn from the tail end, being held with your thumb, is casting onto the top needle. You should end with last stitch being cast onto the bottom needle with the working yarn.

Prepare to knit in rnds as follows: Turn needles so the bottom needle is positioned on top, ready to be worked, with RS facing you.

1st needle: With 3rd double-pointed needle, knit across 10 sts. Rotate needles to work across rem cast-on sts, making sure RS is still facing you.

2nd needle: Knit 10.

Divide these 10 sts just worked evenly onto 2 needles.

20 sts now divided as 10 sts on 1st needle, 5 sts on both 2nd and 3rd needles.

WEEK 1

See video link [here](#).

Beg working in rnds: 1st rnd: 1st needle: K1. M1. Knit to last st on needle. M1. K1. **2nd needle:** K1. M1. Knit to end of needle. **3rd needle:** Knit to last st. M1. K1. 4 sts inc'd.

2nd rnd: All needles: Knit. Rep 1st and 2nd rnds **8 (10-12)** times more to **56 (64-72)** sts, divided as **28 (32-36)** sts on 1st needle and **14 (16-18)** sts on 2nd and 3rd needles.

Beg working foot in Cable Pat as follows:

Set up rnd: 1st needle: P1. K4. (P2. K2) **4 (5-6)** times. P2. K4. P1. **2nd and 3rd needles:** Knit.

Cable Pat (See Chart I): 1st rnd: 1st needle: P1. C4F. (P2. K2) **4 (5-6)** times. P2. C4B. P1. **2nd and 3rd needles:** Knit.

2nd to 4th rnds: 1st needle: P1. K4. (P2. K2) **4 (5-6)** times. P2. K4. P1. **2nd and 3rd needles:** Knit.

These 4 rnds form Cable Pat - noting: **1st needle** = Top of foot. **2nd and 3rd needles** = Instep.

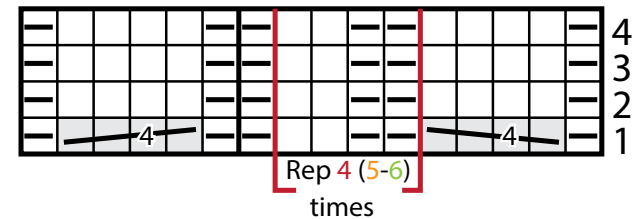
Cont in Cable Pat until work from beg measures approx **6 (6½-7)" [15 (16.5-18) cm]**, ending on a 4th rnd of Cable Pat.

NOTE: If you are making these socks for yourself, or for someone whose foot is easily available to measure, work until foot of sock is approx 2½" [6.5 cm] less than total length of foot, when measured from back of heel to tip of big toe.

END OF WEEK 1



**CHART I
TOP OF FOOT**



Key

- = Knit
- ◻ = Purl
- = C4B
- = C4F
- = C8B
- = C8F