



KNIT  
SKILL LEVEL  
INTERMEDIATE

Designed by Nancy Anderson

## What you will need:

**RED HEART® Super Saver®  
Accent™**: 2 skeins 361 Putty A  
Or  
**RED HEART® Super Saver®**: 2  
skeins 3950 Charcoal A

**AUNT LYDIA'S® Fashion Crochet  
size 3**: 1 ball each 201 White B and  
006 Scarlet C



**RED HEART® Super  
Saver® Accent™**, Art.  
E303 available in  
4 oz (113 g), 202 yd  
(184 m) skein



**RED HEART® Super  
Saver®**, Art. E300  
available in solid color  
7 oz (198 g), 364 yd (333 m); prints,  
multis and heathers 5 oz (141 g), 236  
yd (215 m), flecks 5 oz (141 g), 260  
yds (238 m) skeins

**AUNT LYDIA'S® Fashion Crochet  
Size 3**, Art. 182 available 100%  
Mercerized Cotton, 150 yd (147m)  
balls

SHOP KIT



# Red Heart Cares Knit First Aid Kit

*This vintage-style first aid kit is designed with two expanding pockets. It's the perfect gift for those you care about. If you are not sure what supplies you should have in your knitted kit, check the first aid kits at: [redcrossstore.org](http://redcrossstore.org)*

## What you need continued

**Susan Bates® Circular Knitting Needle**: 4mm [US 6], 16"  
[40 cm] long

**Susan Bates® Double Pointed Knitting Needles**: 4mm  
[US 6] and 2mm [US 0]

**Susan Bates® Crochet Hook**: 3.75mm [US F-5]

**GAUGE**: 20 sts = 4" [10 cm]; 24 rows = 4" [10 cm] in  
Stockinette stitch using larger needles and A. **CHECK YOUR  
GAUGE. Use any size needles to obtain the gauge.**

Stitch markers, yarn needle, medium-weight scrap yarn, four  
size 4 black brass sew-on snaps for inner pocket flaps, two  
7/8" [22 mm] brushed metal buttons for outer flap closure,  
matching sewing thread, needle and straight pins

**Kit measures 8" [20.5 cm] wide x 8" [20.5 cm] tall x 3"  
[7.5 cm] deep when folded.**

## NOTES

1. This retro-look tri-fold Red Cross inspired first aid kit is designed to hold lots of bulky first aid supplies with the help of two gusseted pockets for better organization. Snaps on the inner flaps keep the items secure in the pockets.
2. Pieces are worked separately and are sewn together. Two Pockets are joined by a gusset piece along bottom edges. Pockets are gusseted and worked in the round for smoother look. Gussets incorporate the use of a provisional cast-on.
3. Some steps are worked back and forth in rows and others are worked in the round. Work on circular or double pointed needles as sts allow.
4. The iconic Red Cross logo is worked with small needles, using size 3 crochet thread, for a more finely detailed look, and is sewn together using hand-sewing thread.

Continued...

 **Red Cross**  
North America

## SPECIAL TECHNIQUES

**Provisional Cast-On:** Using a crochet hook and yarn of same weight in a contrasting color, chain required number for sts plus 2 extra. Finish off with slip stitch. Turn completed chain over and locate bumps on the back of chain. Skip first 2 chains, slip remaining chains onto needle, join **A** and begin knitting. When removing the provisional cast on, simply undo the finished off end and carefully unravel to reveal live stitches.

## SPECIAL ABBREVIATIONS

**kfb:** Knit 1 front and back (increase) Knit next st, then knit it through back loop.

**ssk:** (1 st decrease) Slip next two stitches knitwise to right needle, insert point of left needle through front of sts, knit these sts together through back loop.

## KIT

### POCKET (make 2)

Beginning at bottom pocket gusset, provisional cast-on 42 chains.

**Row 1:** Skip first 2 ch, with **A**, knit in each ch across – 40 sts.

**Row 2:** Purl.

**Rows 3-10:** Working back and forth in rows, work in St st.

**Round 11:** Begin working in rounds, k40 sts, turn to work along side edges, pick up and knit 3 sts, remove contrasting yarn and knit across 40 live sts of provisional cast-on, turn to work along side edge, pick up and knit 3 sts along side edge – 86 sts. Join to work in rounds. Place marker for beginning of round. Place marker in first st for placement of Bottom Gusset.

**Rounds 12-47:** Knit.

**Rounds 48-49:** Purl.

## Shape Inner Pocket Flap

**Round 50:** P40, bind off 46 sts purlwise – 40 sts.

**Row 51 (Right Side):** Working back and forth in rows, knit.

**Row 52:** K3, p34, k3.

**Rows 53-62:** Repeat Rows 51 and 52.

**Rows 63-65:** Knit.

**Row 66:** K1, k2tog, k34 sts, ssk, k1 – 38 sts. Bind off.

## BOTTOM GUSSET

With larger needles and **A**, cast on 40 sts.

**Rows 1-28:** Knit.

Bind off.

## OUTER FLAP

With larger needles and **A**, cast on 40 sts.

**Row 1 (Wrong Side):** K3 sts, p34 sts, k3 sts.

**Row 2:** Knit.

**Rows 3-36:** Repeat Rows 1 and 2.

**Rows 37-39:** Knit.

Bind off.

## RED CROSS LOGO

### Center of Cross

With smaller needles and **C**, cast on 24 sts.

**Rows 1-11:** Knit.

Bind off.

First Cross

**Row 1:** With right side facing and working along bind-off edge, skip first 8 sts, with **C**, pick up and knit in next 8 sts – 8 sts.

**Rows 2-12:** Knit.

Bind off.

Second Cross

**Row 1:** With right side facing and working along cast-on edge, skip first 8 sts, with **C**, pick up and knit in next 8 sts – 8 sts.

**Rows 2-12:** Knit.

Bind off.

Continued...



## WHITE CIRCLE

With smaller double pointed needles and **B**, cast on 7 sts. Divide sts evenly spaced around double pointed needles. Join to work in rounds, taking care not to twist sts. Place marker for beginning of round.

**Round 1 (Right Side):** Kfb in next 3 sts, k1, kfb in last 3 sts – 13 sts.

**Round 2:** Knit.

**Round 3:** [K1, kfb] 3 times, k1, [k1, kfb] 3 times – 19 sts.

**Round 4:** Knit.

**Round 5:** [K2, kfb] 3 times, k1, [k2, kfb] 3 times – 25 sts.

**Round 6:** Knit.

**Round 7:** [K3, kfb] 3 times, k1, [k3, kfb] 3 times – 31 sts.

**Round 8:** Knit.

**Round 9:** [K4, kfb] 3 times, k1, [k4, kfb] 3 times – 37 sts.

**Round 10:** Knit.

**Round 11:** [K5, kfb] 3 times, k1, [k5, kfb] 3 times – 43 sts.

**Round 12:** Knit.

**Round 13:** [K6, kfb] 3 times, k1, [k6, kfb] 3 times – 49 sts.

**Round 14:** Knit.

**Round 15:** [K7, kfb] 3 times, k1, [k7, kfb] 3 times – 55 sts.

**Round 16:** Knit.

**Round 17:** [K8, kfb] 3 times, k1, [k8, kfb] 3 times – 61 sts.

**Round 18:** Knit.

**Round 19:** [K9, kfb] 3 times, k1, [k9, kfb] 3 times – 67 sts.

**Round 20:** Knit.

**Round 21:** [K10, kfb] 3 times, k1, [k10, kfb] 3 times – 73 sts.

**Round 22:** Knit.

**Round 23:** [K11, kfb] 3 times, k1, [k11, kfb] 3 times – 79 sts.

**Round 24:** Purl.

Bind off purlwise.

## FINISHING

Sew female side of 2 snaps on right side of each Pocket, about 1" [25 mm] down from bind-off edge at Pocket Flap shaping and 5" [12.5 cm] apart. Sew corresponding male part on wrong side along top edge of Pocket Flaps.

Sew one long edge of Bottom Gusset along outer bottom edge of Pocket 1, lining up one corner of Gusset with marked st on first round of Pocket. In same manner, sew opposite long edge of Bottom Gusset along outer bottom edge of Pocket 2. Pocket Flaps should face each other when folded together.

With right side facing, sew cast-on edge of Outer Flap to outer upper edge of Pocket 1. Fold Pocket fronts together, lining up edges. Fold Outer Flap over top edge of Pockets to outside edge of Pocket 2. Sew two buttons, 5" [12.5 cm] apart, just below bind-off edge of Outer Flap.

## Buttonloops

With right side facing and using crochet hook, join **A** along bind-off edge of Outer Flap with a slip st, lining up with button, ch 5, slip st in next st on Outer Flap. Fasten off. Repeat to make second buttonloop above second button.

Sew Red Cross in center on right side of White Circle. Sew Circle on right side of Outer Flap.

Weave in ends.

## Abbreviations

**A, B, C** = Color A, B, C; **ch** = chain; **cm** = centimeters; **k** = knit; **mm** = millimeters; **p** = purl; **St st** = Stockinette stitch; **st(s)** = stitch(es); **[ ]** = work directions in brackets the number of times specified.

