



KNIT | SKILL LEVEL: INTERMEDIATE

ABBREVIATIONS

Beg = Beginning

C6F = Slip next 3 stitches onto cable needle and leave at front of work. K3. then K3 from cable needle.

Dec = Decreasing

K = Knit

Kfb = Increase by knitting into front, then into back of next stitch

K2tog = Knit next 2 stitches together

M1 = Make 1 stitch by picking up horizontal loop lying before next stitch and knitting into back of loop.

P = Purl

Pat = Pattern

PM = Place marker

Rep = Repeat

Rnd(s) = Round(s)

Sm = Slip marker

St(s) = Stitch(es)

SIZE

One size to fit wrist measure 7" [18 cm] in circumference.

GAUGE

18 sts and 24 rows = 4" [10 cm], in stocking st.

1st rnd: *K2. P2. Rep from * around.

Rep 1st rnd until work from beg measures 3¼" [8.5 cm].

Next rnd: *K4. K2tog. Rep from * around. 32 sts.**

Proceed as follows:

1st rnd: K3. P2. K6. P2. K2. Kfb. M1. Kfb. PM. K15. 35 sts.

2nd rnd: K3. P2. K6. P2. K2. K5. Sm. K15.

3rd rnd: K3. P2. K6. P2. K2. Kfb. K3. Kfb. Sm. K15. 37 sts.

4th rnd: K3. P2. K6. P2. K2. K 7. Sm. K15.

INSTRUCTIONS

RIGHT WRISTER

**Cast on 40 sts. Divide sts over 3 double-pointed needles: (16, 12, 12) sts.

Join in rnd, being careful not to twist sts. PM for beg of rnd.

MATERIALS

Red Heart® Heat Wave™ (3.5 oz /100 g; 198 yds/181 m)
Seaweed (0660) **1 ball**

Set of 4 size U.S. 8 (5 mm) double-pointed knitting needles **or size needed to obtain gauge.** Cable needle. Stitch holder. Stitch marker.

5th rnd: K3. P2. C6F., P2. K2. Kfb. K5. Kfb. Sm. K15. 39 sts.

6th rnd: K3. P2. K6. P2. K2. K9. Sm. K15.

7th rnd: K3. P2. K6. P2. K2. Kfb. K7. Kfb. Sm. K15. 41 sts.

8th rnd: K3. P2. K6. P2. K2. K11. Sm. K15.

9th rnd: K3. P2. K6. P2. K2. Kfb. K9. Kfb. Sm. K15. 43 sts.

10th rnd: K3. P2. C6F. P2. K2. Slip next 12 sts onto a st holder. K16. 31 sts.

11th to 14th rnds: K3. P2. K6. P2. K18.

15th rnd: K3. P2. C6F. P2. K18.

16th to 20th rnds: As 11th to 15th rnds.

*****21st rnd:** Kfb. P2. *K2. P2. Rep from * around. 32 sts.

22nd rnd: *K2. P2. Rep from * around.

Rep last rnd for 1" [2.5 cm].

Cast off loosely in rib.

Thumb

Slip 12 thumb sts onto 3 double-pointed needles.

Join yarn at inside edge of thumb.

1st to 3rd rnds: Knit.

4th to 7th rnds: *K2. P2. Rep from * around.

Cast off loosely in rib.***

LEFT WRISTER

Rep from ** to ** as given for Right Wrister.

Proceed as follows:

1st rnd: K3. P2. K6. P2. K17. PM. Kfb. M1. Kfb. 35 sts.

2nd rnd: K3. P2. K6. P2. K17. Sm. k5.

3rd rnd: K3. P2. K6. P2. K17. Sm. Kfb. K3. Kfb. 37 sts.

4th rnd: K3. P2. K6. P2. K17. Sm. K7.

5th rnd: K3. P2. C6F. P2. K17. Sm. Kfb. K5. Kfb. 39 sts,

6th rnd: K3. P2. K6. P2. K17. Sm. K9.

7th rnd: K3. P2. K6. P2. K17. Sm. Kfb. K7. Kfb. 41 sts.

8th rnd: K3. P2. K6. P2. K17. Sm. K11.

9th rnd: K3. P2. K6. P2. K17. Sm. Kfb. K9. Kfb. 43 sts.

10th rnd: K3. P2. C6F. P2. K18. Slip 12 sts onto st holder. 31 sts.

11th to 14th rnds: K3. P2. K6. P2. K18.

15th rnd: K3. P2. C6F. P2. K18.

16th to 20th rnds: As 11th to 15th rnds.

Rep from *** to *** as given for Right Wrister.

