



Technique:	Sewing
Designed By:	Linda Turner Griepentrog
Skill Level:	Beginner
Crafting Time:	An evening
Finished size:	44" (111.76cm) circumference x 14" (35.56cm)

Featuring Coats Eloflex® the new stretchable thread for knits

This shoulder wrap is a mobius—a twisted tube of fabric sewn from a stretch knit. Sew with new Eloflex stretchable thread for seams that stretch with the fabric when pulled over the shoulders. This versatile wrap may also be worn as a scarf or hood.

Supplies

- Coats Eloflex® stretchable thread in color to match fabric
 - 7/8 yd (80.01cm) stretchable knit, 60" wide
- Note:** This project isn't suitable for one-way designs, as half will be upside down when the mobius is done.

Cutting

From the knit, cut:

1 rectangle, 30" x 45" * (76.20cm x 114.30cm), with the stretch parallel to the long edge

*45" is for a medium size. Customize the fit by having someone measure around your shoulders with your arms down and cut the rectangle smaller or larger depending on this measurement. Remember the knit fabric will stretch to keep the wrap in place. Before sewing the seam in Step 3 permanently, try on the wrap and adjust the length if needed for a snug fit.

Seam allowances are ½" (1.27cm).

TIP: On knits where the edge tends to roll and curl, it's easier to stitch seams at ½" (1.27cm), then trim to ¼" (.64cm), than it is to try to sew just ¼" (.64cm) from the edge.



Assembling the Wrap

1. Fold the fabric rectangle right sides together, matching the long edges. Sew the seam.
2. Avoid the temptation to turn the tube right side out—instead push one circular end through to meet the other end, still with right sides together. BUT, instead of matching the seams, twist the inner circle so the seamline matches the half-way point fold on the outer tubular end. (It's hard to envision, but it works.)
3. Sew the circular seam, leaving a 3" (7.62cm) opening for turning.
4. Turn the tube right side out through the opening, then stitch the opening closed. Note that the tube won't lie flat as it has a twist in it.

TIP: Don't like handwork? Use a ¼" (.64cm) strip of fusible web to close the opening.

5. Lightly press the long seamed edge, but don't press the fold—leave it a soft edge.