



Technique:	Machine Embroidery
Designed By:	Rebecca Kemp Brent
Skill Level:	Intermediate
Crafting Time:	An evening

Combine print and solid fabrics to transform an ordinary composition book into something special. The appliquéd shape echoes the fabric print and provides an interesting background for a machine-embroidered initial.

Finished Size: 7½" x 9¾" (19 cm x 25 cm)*

Supplies

Coats Trilobal Machine Embroidery thread
Coats Dual Duty XP® All-Purpose thread
⅔yd (.34 m) Print Fabric
⅔yd (.34 m) Sateen fabric, solid color
⅔yd (.34 m) fusible interfacing
4" x 4" (10 cm x 10 cm) piece of fusible web
Tear-away stabilizer

Additional Requirements

Coats SureLock thread (optional)
Composition book, , 100 pages (about ¼" (.6 cm) thick)
Embroidery machine

Fabric: We used FreeSpirit True Colors Joel Dewberry Lodge Lattice,(PWTC006.GRAYX) and FreeSpirit Designer Essentials Sateen, Maize (SAFSESS.8MAIZ)

*Instructions included for constructing a different size cover

Cutting

From the print, cut:

- 1 rectangle, 10½" x 16¼"(26.7 cm x 41.3 cm), for cover
- 2 rectangles, 6½" x 10½",(16.5 cm x 26.7 cm) for flaps

From the sateen, cut:

- 1 rectangle, 10½" x 13"(26.7 cm x 33 cm), for lining
- 1 rectangle, 4" x 4"(10 cm x 10 cm), for appliqué

From the interfacing, cut:

- 1 rectangle, 10½" x 16¼"(26.7 cm x 41.3 cm)

Instructions

Note: Seam allowance is ¼" (.3 cm).

1. Following the manufacturer's instructions, fuse the interfacing to the wrong side of the cover fabric.
2. Trace the appliqué pattern onto the fusible web. Adhere the web to the wrong side of the corresponding sateen rectangle. Cut out the appliqué shape and remove the paper backing.
3. Position the appliqué shape on the right side of the cover fabric about 1½"(3.8 cm) from the right and bottom edges and fuse. [Figure 1] Back the fabric with a piece of tear-away stabilizer and satin stitch the appliqué edges with Machine Embroidery thread. Remove the stabilizer when the appliqué is complete.
4. Select an embroidered initial from the menu of your embroidery machine or embroidery software. Set up the machine as directed in the owner's manual and embroider the initial over the appliquéd shape, using a contrasting color of machine embroidery thread

and fresh tear-away stabilizer. Remove the stabilizer when the embroidery is complete and press the cover rectangle from the wrong side.

Box/ Options

- If you have embroidery-digitizing software, use the appliqué pattern to create a machine-embroidered appliqué and attach the shape with your embroidery machine.
 - To make the project without an embroidery machine, hand embroider the initial after the appliqué is in place.
5. Press ¼"(.6 cm) to the wrong side of each short edge of the lining rectangle. Press an additional ¼"(.6 cm) to the wrong side on each short edge. Stitch the hems in place with matching all purpose thread.
 6. Fold each flap in half, wrong sides together, and press to create 10½" x 3¼" (26.7 cm x 8.25 cm) flaps.
 7. Lay a prepared flap on each short end of the cover rectangle, right sides together and raw edges matched. Center the lining rectangle, wrong side up, on the cover, matching the upper and lower raw edges. The hemmed ends of the lining will overlap the pressed edges of the flaps.
 8. Sew around all four edges of the notebook cover through all layers. Trim the corners diagonally to reduce bulk. Overcast or serge the edges if desired.
 9. Reach inside the lining and flaps to turn the cover right side out. Smooth the corners into place with a point turner and press the edges flat.

10. Open the composition book and insert its cover boards under the flaps of the notebook cover, placing the appliqué and embroidery on the front of the notebook.

Covering a Different Notebook

1. With the notebook closed, use a measuring tape to measure from the leading edge of the front cover, around the spine, to the outer edge of the back cover. Add ½"(1.3 cm) to this measurement for ease and ½"(1.3 cm) for seam allowances. The total is the width of the cover pieces.
Note: It's important to measure the notebook while it's closed. A measurement taken while the notebook is open will be smaller and affect the fit of the cover.
2. Measure the height of the notebook. Add ¼"(.6 cm) for ease and ½"(1.3 cm) for seam allowances to find the height of the cover pieces.
3. Cut the flaps 6½" wide and the same height as your cover pieces. (You can vary the width if your notebook is especially wide or narrow.)
4. Cut the lining 3" narrower than the cover piece and the same height. (Adjust the lining width if you change the flap width; the flaps should overlap the lining by at least 1".)

