



MATERIALS

Coats & Clark™ Dual Duty XP™ All-Purpose Thread

Variety of threads: Coats & Clark™ Machine Embroidery Thread, or Coats & Clark™ Machine Quilting Thread or Cotton All-Purpose Thread, coordinating colors

½ yard of natural home dec cotton (*this is a bit heavier than quilting cotton and will support the decorative stitches well.*)

Tone on tone cotton for inner border

Tone on tone cotton for outer border and backing

Chalk or removeable fabric marker

Tear-A-Way stabilizer

Cotton batting

Fiberfill



SEWING | SKILL LEVEL: **BEGINNER**

Featuring Coats & Clark™ Dual Duty XP™ All-Purpose Thread

Dress up your desk chair with this fun, lumbar pillow. Choose a basic colored fabric, then pick a favorite decorative stitch, and favorite thread colors from Coats & Clark™ to customize the pillow!

CUTTING

From Natural home dec cotton:

(2) rectangles 16" x 12"

From cotton batting:

(1) rectangle 16" x 12", *pillow front*

(1) rectangle 15" x 11", *pillow back*

From tone on tone cotton for inner border:

(2) strips 3" x 15"

(2) strips 3" x 11"

From tone on tone cotton for outer border and backing:

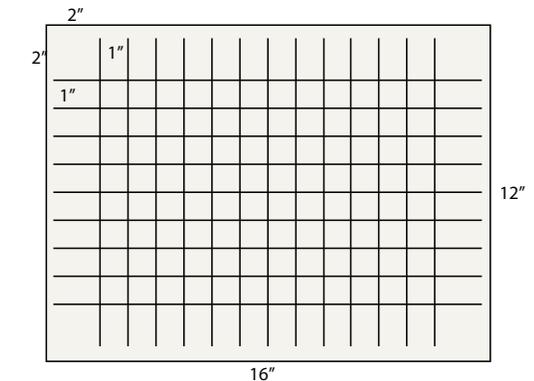
(2) strips 2½" x 15"

(2) strips 2½" x 11"

(1) rectangle 11" x 15", *backing*

PREPPING

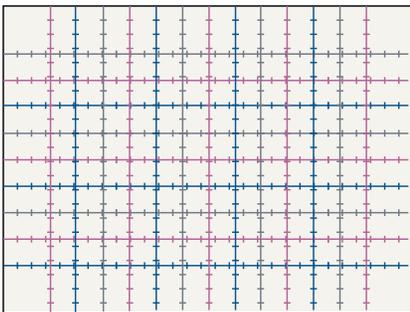
Mark grid lines on one of the 16" x 12" home dec cotton rectangles. You can use chalk or a removeable fabric marker.



SEWING

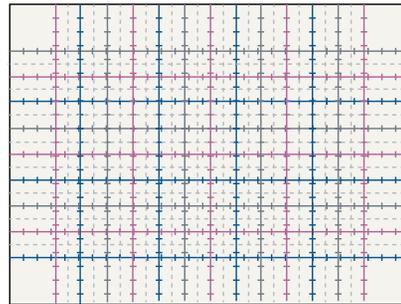
1. Thread with your favorite Coats & Clark thread top and bobbin. Dual Duty XP Coats & Clark™ Machine Embroidery, or Coats & Clark™ Machine Quilting or Cotton All-Purpose all work well.

- Set up a sample on a scrap of the home dec cotton with Tear-A-Way stabilizer and another one with cotton batting underneath it. Test some decorative stitches. The more intricate or satin stitches will need the tear-a-way stabilizer to feed smoothly. Quilt type stitches like the feather stitch or other open ones will feed nicely on batting. Decide on the stitch you want to use and the backing, either stabilizer or batting and stitch on the marked lines. In the photo, the pillow was stitched with three different colors alternating.

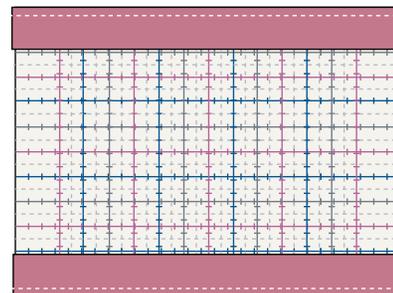


- Tear off the stabilizer if you used it.
- Place the cotton batting underneath the stitched fabric if you used stabilizer.

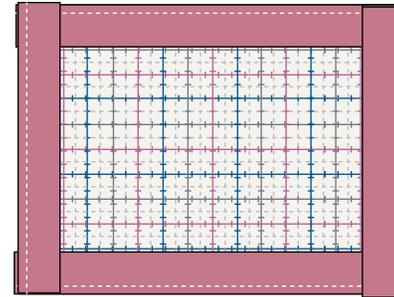
- Stitch between the lines as shown, using a straight stretch stitch. That is a straight stitch that goes forward and backward. It shows up more than just a straight stitch.



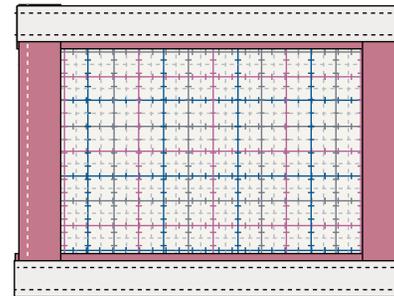
- Trim the stitched top down to 11" x 15" with the stitching centered.
- Fold the border strips in half, wrong sides together and press.
- Stitch the 3" x 15" inner border strips along the top and bottom of the pillow top.



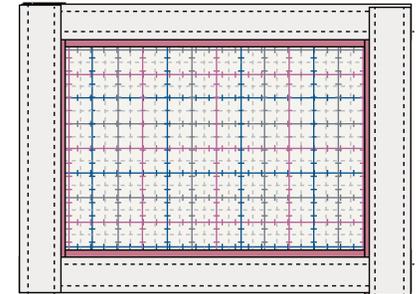
- Stitch the 3" x 11" inner border strips along the sides of the pillow top.



- Stitch the 2½" outer border strips along the top and bottom of the pillow top.
- Then stitch ¼" from the folded edge as shown.



- Stitch the 2 ½" outer border strips along the sides of the pillow top. Then stitch ¼" from the folded edge as shown.



- Place the 11" x 15" pillow back on cotton batting and quilt approximately 1" apart. You can follow the pattern in the fabric or draw lines.
- Place the pillow front right sides together with the pillow back.
- Stitch using a ¼" seam allowance all the way around leaving a 4" opening to turn and stuff.
- Clip the corners, turn and stuff with fiberfill.
- Hand sew the opening closed.