



MATERIALS

Two different green Coats & Clark™ Machine Embroidery threads
Coats & Clark™ Bobbin Thread
Coats & Clark™ Dual Duty XP® Thread

½ yard (.46m) cotton canvas fabric

¼ yard (.23m) of two different green cotton fabrics for appliqué
12" (30cm) pillow form

Fusible web sheets (Steam-A-Seam or Wonder Under) be sure it is the kind you can sew through. Tear-a-way stabilizer

 SEWING | SKILL LEVEL: **BEGINNER**

Featuring Coats & Clark™ Machine Embroidery Threads

Bring the outdoors in with this fun leafy pillow! Learn to appliqué by machine plus tips for getting the best results using your sewing machine to create a satin stitch. Coats & Clark™ Machine Embroidery thread adds a beautiful luster to stitching.

CUTTING:

From cotton canvas fabric:

- (1) squares 13" x 13" (33cm)
- (2) rectangles 13" x 9" (33cm x 23cm)

PREPARE

1. Trace two leaves and two center sections onto the paper side of the fusible web sheet.
2. Follow the included instructions to fuse the traced pattern to the wrong side of the appliqué fabric.
3. Cut out the leaves and centers.
4. Remove the paper.
5. Fuse the leaves to the 13" x 13" (33cm x 33cm) canvas square as shown.



6. We will place the centers a bit later.



LET'S APPLIQUE...

1. Appliqué is a process of placing a cut fabric design on a base fabric, and satin stitching over the edge, to finish it off. There are several factors that will insure your success!



- The first is the presser foot you use. You need a satin stitch or open toe foot. The satin stitch foot should have been included with your machine. What makes it different from your regular foot is the groove on the bottom of the foot. This enables the foot to go across the bulk of the satin stitch, smoothly. You can also use an open toe foot, which is my preference. That has the front of the foot open, for better vision.



- The second is the threads you use. The top thread will show! Using Coats & Clark™ embroidery threads insures a pretty stitch with lots of sheen. You want a fine thread for the bobbin. Coats & Clark™ Bobbin Thread is ideal because it

doesn't build up bulk. Machine embroidery thread can also be used in the bobbin.



- Third is stabilizer. It is necessary. Stabilizer is a tear away product that supports the stitching and prevents it from puckering, but tears away when you are done.
- The fourth is fine tuning the stitch. You will want to practice on a scrap before you begin your pillow.

READY TO SEW....

- Thread with Coats & Clark™ Embroidery Thread on top and Coats & Clark™ Bobbin Thread or Coats & Clark™ Embroidery Thread in the bobbin.
- Snap on the satin stitch or open toe foot.
- Set up a scrap with two layers of your fabrics (canvas and cotton) and stabilizer underneath.
- Select a zig zag stitch. Set the length to approximately .05 and the width to 4.0.

- Test sew. The stitches should be close together, but they shouldn't "pile up". If you see the bobbin thread coming to the top, adjust the tension to a lower setting, one number at a time, until the bobbin thread stays on the bottom and the top thread pulls to the back as shown.



- Once you are satisfied with the stitch, you are ready to appliqué. Begin at one of the points and stitch so that the bulk of the stitching is on the leaf, with the swing of the needle going just off the edge.
- When you get to a corner, you will have to pivot and usually reposition your stitch.



8. You will see that you have two kinds of corners. One that is a sharp corner and that is a curved corner.



9. As you stitch around the curves, try to stitch at an even pace, turning continuously. You don't want to stitch a bit, then turn, stitch a bit then turn. That would not give you a smooth curve.

10. Continue stitching until you are finished with the first leaf.



11. Change to your other green thread.
12. Stitch around the other leaf.



13. Next, we will add the centers to the leaves. Remove the paper and place the centers on the leaves and fuse them in place.



14. Satin stitch around the centers.

FINISH THE PILLOW....

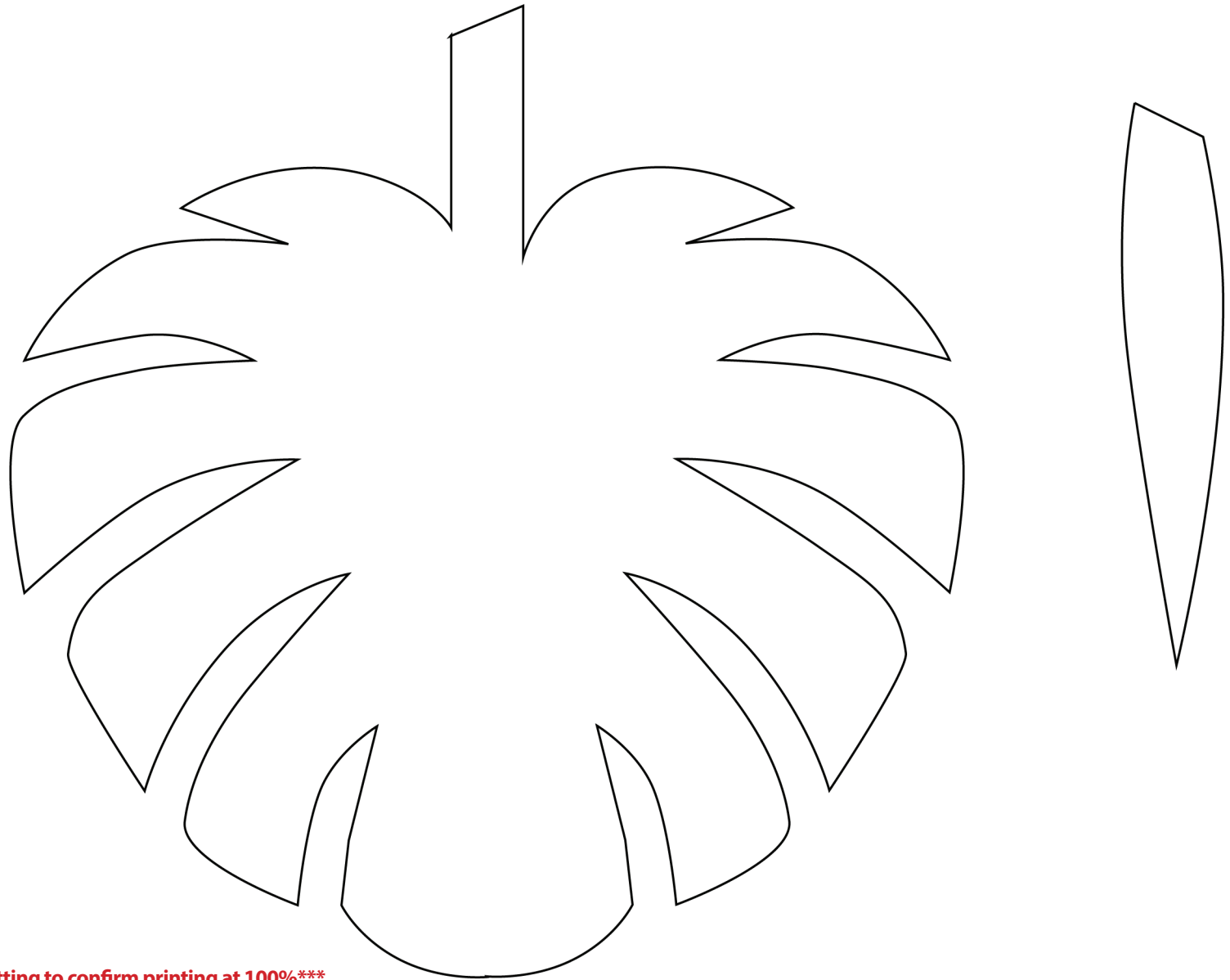
1. Thread with Coats & Clark™ Dual Duty XP® top and bobbin.
2. Fold over ½" (1cm) to the wrong side of the 13" x 9" (33cm x 23cm) rectangles. Press.
3. Then press over 1" (3cm). Press.
4. Straight stitch near the fold on each rectangle hemming the two edges.

5. Overlap the two rectangles to form a 13" (33cm) square. Pin the overlapped edges.



6. Stitch across the overlap area.
7. Place right sides together with the appliquéd front. Stitch around the square using a ½" (1cm) seam allowance.
8. Clip the corners, turn right side out and press.
9. Insert the pillow form.





This square should
measure 1" x 1"
(2.54cm x 2.54cm)
when printed.

***** Measure templates before cutting to confirm printing at 100%*****