



Technique:	Sewing, Quilting
Designed By:	Linda Turner Griepentrog
Skill Level:	Intermediate
Crafting Time:	Weekend
Finished size:	15" x 41" (38.10cm x 104.14cm)

Featuring Coats® Metallic Thread

Decorate your holiday table with this fun dimensional table runner. Choose three coordinating greens for the wreaths and some luscious reds for bows.

Supplies

- Coats® Metallic Thread
- Coats Dual Duty XP® All-purpose Thread
- ½ yd (45.72cm) cream print (background)
- ¼ yd (22.86cm) three different green prints (wreaths)
- ¼ yd (22.86cm) three different red prints (bows)
- 1½ yds (1.03m) backing fabric
- ¼ yd (22.86cm) binding fabric
- ⅝ yd (57.15cm) batting
- Metallic needle

Note: this quilted table runner may also be used as a wall hanging. It fits perfectly over a mantle. See page 3.

Cutting

From cream fabric, cut:

- (2) squares, 3 $\frac{7}{8}$ " (9.84cm)
- (12) squares, 3 $\frac{1}{2}$ " (8.89cm)
- (2) strips, 1 $\frac{1}{2}$ " x 12 $\frac{1}{2}$ " (3.81cm x 31.75cm)
- (2) strips, 2" x 12 $\frac{1}{2}$ " (5.08cm x 31.75cm)
- (2) strips, 2" x width of fabric (WOF) (5.08cm x WOF)

From each green print, cut:

- (2) squares, 3 $\frac{7}{8}$ " (9.84cm)
- (8) squares, 3 $\frac{1}{2}$ " (8.89cm)

From each red print, cut:

- (2) strips, 6 $\frac{1}{2}$ " x 16 $\frac{1}{2}$ " (16.51cm x 41.91cm)
- (1) rectangle, 3" x 4" (7.62cm x 10.16cm)

From backing fabric, cut:

- (1) strip, 19" x WOF (48.26cm x WOF)
- (1) rectangle, 19" x 8" (48.26cm x 20.32cm)

From binding fabric, cut:

- (3) strips, 2 $\frac{1}{2}$ " x WOF (6.35cm x WOF)

Note: Seam allowances are $\frac{1}{4}$ " (.64cm).

Assemble the Wreaths

1. Draw a diagonal line on the wrong side of each 3 $\frac{7}{8}$ " (9.84cm) cream square.
2. Place the marked cream square right sides together with a 3 $\frac{7}{8}$ " (9.84cm) green square. Stitch a scant $\frac{1}{4}$ " (.64cm) on each side of the marked line.
3. Cut along the marked line to make two half-square triangles (HST). Press seams toward the green fabric.
4. Repeat with all 3 $\frac{7}{8}$ " (9.64cm) cream and green squares to make a total of four HST per color. Trim to 3 $\frac{1}{2}$ " (8.89cm) square if needed.

5. Following the runner photo, lay out four rows of matching green blocks—row one and four have two 3 $\frac{1}{2}$ " (8.89cm) blocks in the center and an HST on each end; rows two and three each have two 3 $\frac{1}{2}$ " (8.89cm) cream blocks in the center and one 3 $\frac{1}{2}$ " (8.89cm) green block on each end.



6. Sew the blocks together in each row, pressing seams in alternate directions for adjacent rows.
7. Sew the rows together in order, matching adjacent seams. Press the seams in one direction.
8. Make a total of three wreath blocks.

Assemble the Runner

1. Lay out the wreath blocks in the preferred order.
2. Sew a 1 $\frac{1}{2}$ " x 12 $\frac{1}{2}$ " (3.81cm x 31.75cm) sashing strip between the wreaths.
3. Sew a 2" x 12 $\frac{1}{2}$ " (5.08cm x 31.75cm) strip to each end of the wreath trio.
4. Sew a 2" x WOF (5.08cm) strip to the top and another to the bottom of the wreath unit. Trim any excess length.
5. Sew the 19" x 8" (48.26cm x 20.32cm) rectangle to one end of the 19" x WOF (48.26cm x WOF) strip. Press the seam open.
6. Layer the backing, batting and runner top wrong sides together.
7. Using metallic thread, quilt as desired. Trim the batting and backing to match the runner top.

Finishing

1. Sew together the binding strips end to end. Press the seams open. Press the binding in half wrong sides together.
2. Bind the runner edges, mitering the corners.
3. Turn the binding to the runner underside and hand-stitch the folded edge in place.

Assemble the Bows

1. With right sides together, sew together the long edges of the 6 $\frac{1}{2}$ " x 16 $\frac{1}{2}$ " (16.51cm x 41.91cm) red strips. Press the seams open and turn the tube right side out. Press the edges.
2. Sew the short ends together to form a loop for the bow.
3. To make the center of the bow, press under both long edges of the 3" x 4" (7.62cm x 10.16cm) strip to form a 1" x 4" (2.54cm x 10.16cm) strip. Repeat to make three small strips.
4. Overlap the raw ends of the small loop $\frac{1}{2}$ " (1.27cm) and hand-stitch into a loop. Repeat to make three small loops.
5. With the raw edges down, hand-stitch a small loop to the upper center of each wreath, noting which fabric goes with which wreath as your preference.
6. Fold the bow loop with the short seam in the back center. Pleat the bow and slide it through the appropriate fabric loop. Fluff into a bow. Repeat for all three bows.

Note: Only the bow loop is attached to the runner, making it easier for laundering and pressing, as the actual bow portion can be removed.



The Trio of Wreaths Table Runner may also be used as a Wall Hanging.